

**GENDER DIFFERENCES THAT INFLUENCE EMPLOYEES TO
WORK-RELATED STRESS AT HICOM AUTOMOTIVE
MANUFACTURERS (M) SDN. BHD**

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ABSTRACT

In modern era, work-related stress is a natural part of human life. Everybody cannot avoid stress. "The Gender Differences that Influence Employees to Work-Related Stress" is a study that focus on stress level in workplace between genders. This research is intended to determine which gender experience work-related stress more often. It also identifies whether religious background can help lessen stress among employees. Participants in this research were 50 employees of Hicom Manufacturers (M) Sdn. Bhd. The method used is by using questionnaire. They are required to fill in the questionnaire within three days of working hours. However, the results finding did not support all hypotheses. It indicates that they are no difference between genders with respect to work-related stress. Both male and female express same level of stress. Among five elements of stress which is nature of the job, work relationship, organizational role, career development and non-work factor, there are only two of them that affect the employee towards stress. These two are work relationship and non-work factor. Furthermore, it also proved that people who have a religious background is not immune to face stress. There are also included a few recommendations for organization and for the future research. Thus, this research reported no difference between genders to work-related stress.

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