



UNIVERSITI TEKNOLOGI MARA

FTP533: CREATIVE MOVEMENT

Course Name (English)	CREATIVE MOVEMENT APPROVED
Course Code	FTP533
MQF Credit	3
Course Description	This course exposes students to develop physical skills, channel energy, stimulate imagination and promote creativity. Creative movement uses body actions to communicate an image, communicate an idea or communicate a feeling. Creative movement provides student with opportunities for noncompetitive success-oriented and created experiences through projects. It focuses on the effectiveness of creative movement in developing the mind and sensory, stimulating a person's thinking abilities as well as physical and spiritual growth. The course also combines the knowledge of anatomy biomechanics, nutrition, and contemporary movement to enhance the student knowledge to become skillful and well prepared, mentally, emotionally, and physically.
Transferable Skills	Planning, Organizational, Artistic
Teaching Methodologies	Lectures, Blended Learning, Practical Classes, Workshop, Performance
CLO	CLO1 Develop physical skills, channel energy, stimulate imagination and promote creativity. CLO2 Explore image, idea and feeling through creative movement CLO3 Organize creative performance with contemporary work and explain the knowledge of anatomy bio mechanic
Pre-Requisite Courses	No course recommendations
Topics	
1. Introduction to creative movement 1.1) Warming up	
2. Locomotor 2.1) The Basic Movement	
3. Non Locomotor 3.1) Basic Non Locomotor Movement	
4. Space 4.1) Direction 4.2) Pathway 4.3) Focus	
5. Time 5.1) Speed 5.2) Rhythm	
6. Force 6.1) Energy 6.2) Weight 6.3) Flow	
7. Creative Process 7.1) Collect, Note, Develop, Rework, Rehearse , Perform	
8. Body 8.1) Part 8.2) Shapes 8.3) Relationship 8.4) Balance	

9. Choreographic Forms 9.1) Abstract 9.2) Narrative
10. Choreographic Forms 10.1) Broken Forms 10.2) Chance Dance
11. Coordination 11.1) Choreographic works
12. Style 12.1) Choreographic Works
13. Composition 13.1) Choreographic works

Assessment Breakdown		%		
Continuous Assessment		100.00%		
Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Group Project	Final Creative Movement Project will assess student abilities on dance choreography for their lifelong skills.	40%	CLO3
	Practical	Creative Movement Project 2 to assess student movements on values, attitudes and professionalism.	30%	CLO2
	Practical	Creative Movement Project 1 to assess student body works on practical skills.	30%	CLO1
Reading List	Recommended Text	<ul style="list-style-type: none"> • Nicole Potter, Barbara Adrian, Mary Fleisher 2017, <i>Movement for Actors</i>, Allworth Press [ISBN: 9781621535416] • John Matthews 2014, <i>Anatomy of Performance Training</i>, Bloomsbury Publishing [ISBN: 9781408184103] 		
	Reference Book Resources	<ul style="list-style-type: none"> • Anne Green Gilbert 2015, <i>Creative Dance for All Ages</i>, Human Kinetics America [ISBN: 9781450480949] • Thomas Kaltenbrunner 2003, <i>Contact Improvisation</i>, Meyer & Meyer Verlag [ISBN: 1841261386] • Lorna Marshall 2008, <i>The body speaks</i>, A&C Black [ISBN: 9781408106822] • Vanessa Ewan, Debbie Green 2015, <i>Actor Movement</i>, Bloomsbury Publishing [ISBN: 9781408134412] 		
Article/Paper List	This Course does not have any article/paper resources			
Other References	This Course does not have any other resources			