

**A STUDY ON READINESS FOR CHANGE AMONG SUPPORT STAFF AT  
FIXME COACH SDN BHD, TAMAN TUN DR ISMAIL, KUALA LUMPUR.**

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**2014**

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## ABSTRACT

An employee is one of the important individual who plays an important role in organization in completing day to day activities. An effectiveness of organizations will be measured by the efficiency of its employees. To be one of the strong organizations, it requires all of the people in the organization to always updating the new practices and procedure align with the new technologies. Changes have to be made to ensure that the organization is always moving forward. FixMe Coach Sdn. Bhd. is one of the organizations which responsible in providing best services to their customer in order to compete with other fitness centre. This study was carried out at FixMe Coach Sdn. Bhd, Taman Tun Dr Ismail, Kuala Lumpur which is offering fitness and body building services requirements for their customers. In addition, this study was focused on readiness for change among support staff at FixMe Coach Sdn. Bhd, TTDI, Kuala Lumpur. The staff's readiness for change has been measured five dimensions developed by Holt, Armenakis, Field, & Harris (2007) consisting of appropriateness, management support, self-efficacy and personal valence and Naimatullah Shah, 2009 which consist of readiness for change.



## ACKNOWLEDGEMENT

First and foremost, I would like to thank ALLAH Almighty for giving me the knowledge, time, strength and health to complete this research. This research is an individual effort, without which, would have not been made possible and I must humbly admit that I am not expert in this area but I have tried to finish this research with patience and success.

I am fortunate to have this valuable experience and great opportunity in completing this research with the help from those people with their kind heart. Students taking research subject will always find difficulty not only in the understanding the course, but also the ways on how to construct their own review on the task.

I would like to acknowledge and extend my gratitude to the following people:

1. My supervisor, En Azmi B Salim for his guidance and persistent help throughout the semester.
2. My Research Methods lecturer, Madam Mas Anom Bt. Abdul Rashid, for her advice and knowledge towards this subject.
3. To my families, for their understanding on my commitment to my effort in finishing this research. The Dua' are the most powerful weapon of strength and spirit for me to do all my best.
4. To my classmates and those who will give feedbacks and ideas towards improving the content of this research.

May ALLAH bless all of you, Amen.

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