ANTIBACTERIAL AND ANTIOXIDANT ACTIVITY OF COCOS NUCIFERA MESOCARP EXTRACT ON PATHOGENIC BACTERIA

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TABLE OF CONTENTS

ACKNOWLEDGMENTS	iii
TABLE OF CONTENTS	iv
LIST OF TABLES	vi
LIST OF FIGURES	vii
LIST OF SYMBOLS	viii
LIST OF ABBREVIATIONS	X
ABSTRACT	xi
ABSTRAK	
CHAPTER 1 INTRODUCTION	
1.1 Background of study	1
1.2 Problem statement	3
1.3 Significance of study	4 5
1.4 Objectives of study	3
CHAPTER 2 LITERATURE REVIEW	
2.1 Botanical description of <i>Cocos nucifera</i> variety	6
2.2 Cocos nucifera mesocarp	7
2.3 Antibacterial properties of <i>Cocos nucifera</i>	8
2.4 Antioxidant activity 2,2-diphenyl-1-picrylhydrazyl (DPPH) assay	11
CHAPTER 3 METHODOLOGY	
3.1 Materials	
3.1.1 Plant sample collection	15
3.1.2 Bacteria	15
3.1.3 Culture media and chemicals 3.1.4 Antibiotics	16 16
3.1 Equipment	17
3.3 Methods	1 /
3.3.1 Dried powder of <i>Cocos nucifera</i> preparation	17
3.3.2 <i>Cocos nucifera</i> extraction using maceration	17
3.3.3 Extraction <i>Cocos nucifera</i> mesocarp	18

3.3.4 Preparation of bacterial culture medium	18
3.3.5 Preparation of stock culture and inoculum	19
3.3.6 Antibacterial test	
3.3.6.1 Antibacterial test using disc diffusion	19
3.3.6.2 Preparation the bacterial material for disc diffusion	20
3.3.7 2,2-diphenyl-1-picrylhydrazyl (DPPH) assay	21
3.3.8 Statistical Analysis	22
CHAPTER 4 RESULTS AND DISCUSSION	
4.1 Evaluation of antimicrobial activity	23
4.2 Evaluation of antioxidant activity	29
CHAPTER 5 CONCLUSION AND RECOMMENDATIONS	
5.1 Conclusion	34
5.2 Recommendation	35
CITED REFERENCES	36
APPENDICES	40
CURRICULUM VITAE	43
COMMODILITIES	rJ

ABSTRACT

The coconut plant Cocos nucifera (family Arecaceae) is considered as an important fruit crop in tropical countries. It is commonly available plant with wide variety of applications in food, drinks, fibres, building materials and various chemicals finding their way into a huge range of modern day products. Being highly nutritious coconuts have also been studied for medicinal qualities. Thus, the objective of this research is to measure the antibacterial activity of various concentration plant extracts of Cocos nucifera against Gram-positive bacteria (Staphylococcus aureus) and Gram-negative bacteria (Escherichia coli). Next, to determine the antioxidant activity of Cocos nucifera extracts using DPPH assay. The potential of Cocos nucifera husk as an antimicrobial agent was explored in this study. The antimicrobial activity of the coconut husk and the antibiotic susceptibility (gentamycin 10 µg) were done on Mueller Hinton agar using disc diffusion method. The extraction of powder was carried out by using rotary evaporator apparatus using 80 % methanol and distilled water (aqueous) as solvent. Among these two extracts, no inhibition zone was formed, but only gentamycin (positive control) shows zone of inhibition with 18.17 ± 4.36 mm against E. coli and 22.00 ± 3.01 for S. aureus bacteria. Meanwhile, for the antioxidant activities of the methanolic mesocarp extracts and ascorbic acid, standard also expressed and quantified in terms of inhibition percentage (IP). In the present study, the mesocarp extract was proved to be a few times less powerful to scavenge DPPH radicals compared with the standard antioxidant, ascorbic acid with the value of IC50 0.491 while methanol extract shows IC50 value of 0.654. This study shows that Cocos nucifera husk of methanol and aqueous extract does not has the ability to inhibit the growth of specific bacteria which are E. coli and S. aureus. For the antioxidant activity, it shows methanol extract of mesocarp has less antioxidant than standard, ascorbic acid.