



## UNIVERSITI TEKNOLOGI MARA

### FFD123: CONTEMPORARY DANCE TECHNIQUE

<b>Course Name (English)</b>	CONTEMPORARY DANCE TECHNIQUE <b>APPROVED</b>
<b>Course Code</b>	FFD123
<b>MQF Credit</b>	3
<b>Course Description</b>	Students will learn about the history and genres of contemporary dance, which will include moves from both modern and traditional dances. Students will be exposed to contemporary dance in its various forms and styles, which was a prominent genre in the mid-twentieth century. It has become one of the most popular dance genres among choreographers and dancers. Students will learn how to physically be a contemporary dancer through a variety of dance techniques such as contract-release, floor work, fall and recovery, and modern dance improvisation.
<b>Transferable Skills</b>	Teamwork Creativity Adaptability Initiative
<b>Teaching Methodologies</b>	Lectures, Blended Learning, Demonstrations, Practical Classes, Presentation, Workshop, Performance, Work-based Learning
<b>CLO</b>	CLO1 Manipulate the ability to consistently perform dance combinations with the understanding of body alignment using basic elements of contemporary dance techniques. CLO2 Manipulate the ability to consistently perform dance combinations with the understanding of body alignment using basic elements of contemporary dance techniques. CLO3 Adopt the techniques of contemporary dance toward their performance in solo and group work.
<b>Pre-Requisite Courses</b>	No course recommendations
<b>Topics</b>	
<b>1. Introduction of Contemporary Dance</b> 1.1) Historical 1.2) Context	
<b>2. Categories on Contemporary</b> 2.1) Western 2.2) Malaysian	
<b>3. The structure</b> 3.1) Warm-up exercises are designed to re-pattern movement habits, stretch and strengthen the body, increase technical skills, and prepare the student to move fully. 3.2) Closing exercise(s)-- incorporating stretching, breathing, and centering.	
<b>4. Rotation</b> 4.1) Somatic usage practice	
<b>5. Center</b> 5.1) Short movements 5.2) Tendus, side, and front 5.3) Movement Concepts (shape, level, size, quality or energy, speed, space)	
<b>6. Idea and concept</b> 6.1) Solo Performance	
<b>7. Contemporary Techniques</b> 7.1) Contemporary Ballet	

<b>8. Contemporary Techniques</b> 8.1) Contemporary Ballet
<b>9. Contemporary Techniques</b> 9.1) Dance Improvisation
<b>10. Contemporary Techniques</b> 10.1) Dance Improvisation
<b>11. Dance Practice (Phase 1)</b> 11.1) Short dance repertoire practice
<b>12. Dance Practice (Phase 2)</b> 12.1) Short dance repertoire practice
<b>13. Dance Practice (Phase 3)</b> 13.1) Short dance repertoire practice

Assessment Breakdown		%		
Continuous Assessment		100.00%		
Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Assignment	n/a	30%	CLO1
	Final Project	Final performance	40%	CLO3
	Individual Project	Solo/Group performance	30%	CLO2
Reading List	Recommended Text	<ul style="list-style-type: none"> <li>• Melanie Clarke 2020, <i>The Essential Guide to Contemporary Dance Techniques</i>, Crowood Press (UK) [ISBN: 1785006991]</li> <li>• Laurence Louppe 2010, <i>Poetics of Contemporary Dance</i>, Dance Books Limited [ISBN: 1852731400]</li> <li>• Joseph Gonzales (Choreographer), <i>Dancing the Malaysian</i> [ISBN: 9675832355]</li> <li>• Mohd Anis Md Nor 2016, <i>Sharing Identities: Celebrating Dance in Malaysia (Celebrating Dance in Asia and the Pacific)</i>, 1 Ed., Routledge India [ISBN: 978-113865999]</li> </ul>		
	Reference Book Resources	<ul style="list-style-type: none"> <li>• Russell Freedman 1998, <i>Martha Graham</i>, Houghton Mifflin Harcourt [ISBN: 0395746558]</li> </ul>		
Article/Paper List	This Course does not have any article/paper resources			
Other References	This Course does not have any other resources			