

Empowering Safety with the SAFEME-Girls Safety Kit



The 'SAFEME-Girls Safety Kit' programme, held at Sekolah Menengah Kebangsaan (SMK) Saujana Utama, Selangor, served as an integral component of the community service and student development initiative. Organised by the Faculty of Pharmacy, UiTM Puncak Alam Campus, this momentous event, which took place on September 14, 2023, marked yet another noteworthy milestone. The programme successfully engaged 100 female students, aged 15–16, providing them with invaluable knowledge on the appropriate utilisation of the recently developed safety kit. To ensure a comprehensive learning experience, the programme enlisted the expertise of four lecturers and four internship students from the Faculty of Pharmacy, along with a lecturer from the Faculty of Sport Science and Recreation, who skilfully served as speakers and facilitators.

The SAFEME-Girls Safety Kit stands as a remarkable testament to innovation, comprising essential safety provisions such as a torchlight, whistle, alarm, pepper spray, emergency contact numbers, and an instructive infographic outlining basic self-defence techniques. This meticulously crafted kit has garnered recognition in esteemed innovation competitions, including the Pharmacy Invention, Innovation, and Design Exhibition (Pharm-IIDEx) 2022, the UiTM Invention, Innovation, and Design Exhibition (IIDEx) 2022, and the International Virtual Expo of Innovation Product and System Design (INVIDE) 2023, where it secured gold and bronze awards.

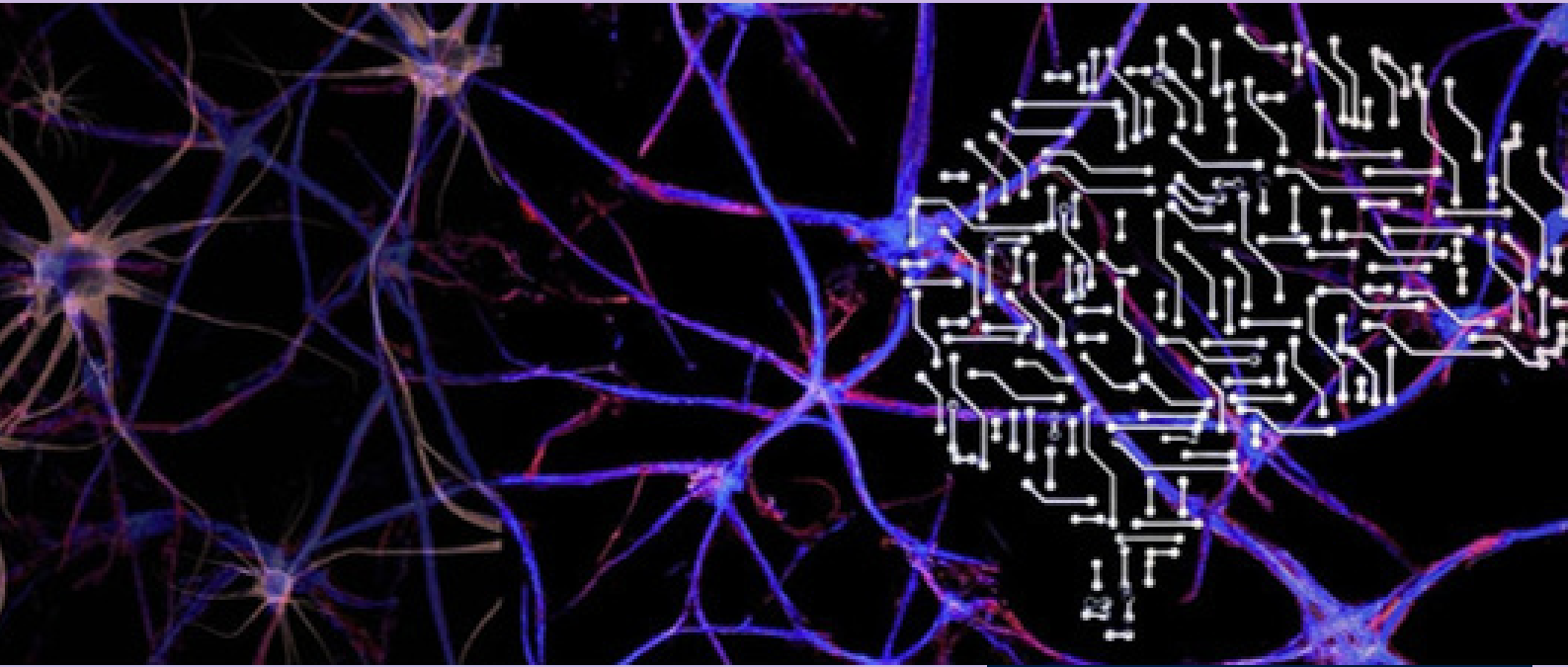
The half-day event commenced with an esteemed officiating speech delivered by Pn. Hajah Noor Hayati Embong, the school principal, setting the tone for the programme. This was followed by a comprehensive briefing session led by Dr. Ruzianisra Mohamed, the Head of Programme. During her insightful briefing, Dr. Ruzianisra shared the inspiration behind the kit's design and provided an illuminating account of the developmental journey. The students actively engaged in the briefing session, demonstrating their enthusiasm through a multitude of questions posed to the speakers. Additionally, they enthusiastically participated in pop quizzes and were graciously rewarded with small gifts from the organizers. Following that, Dr. Ruzianisra Mohamed, Dr. Siti Syairah Mohd Mutalip, Dr. Zafirah Liyana Abdullah, and Madam Ruziyati Mohamed divided the students into smaller groups to participate in a demonstration session.

During the demonstration, the students were expertly guided on the proper utilisation of the kit's contents, affording them the opportunity to actively experience and familiarise themselves with its functionality first-hand. The event concluded at noon with a gracious expression of gratitude from the esteemed teachers, staff, and students. They extended a warm invitation to take part in upcoming programmes and foster ongoing collaborations, along with their sincere appreciation.

Dr. Siti Syairah Mohd Mutalip, Dr. Ruzianisra Mohamed, Dr. Gurmeet Kaur Surindar Singh
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