



UNIVERSITI TEKNOLOGI MARA

SMG311: LEADERSHIP IN SPORTS AND RECREATION

Course Name (English)	LEADERSHIP IN SPORTS AND RECREATION APPROVED
Course Code	SMG311
MQF Credit	3
Course Description	This course will provide students with opportunity to learn about leadership and methods of leading recreation activities. The course will focus on theory, technique, and application of personal leadership skills in recreation setting. Student will be presented with leadership styles, characteristics, and practices including group dynamics and leadership method.
Transferable Skills	Reflective Learner Effective Communicator Confident
Teaching Methodologies	Lectures, Case Study, Simulation Activity, Presentation
CLO	CLO1 Identify the basic concept of leadership in sport and recreation. CLO2 Explain the concepts related to building group dynamics, motivation and developing effective communication skills. CLO3 Demonstrate skill development and increased competencies in instructional skills, decision-making skills, team effectiveness, and the role of technical skills in recreation leadership effectiveness.
Pre-Requisite Courses	No course recommendations
Topics	
1. 1. Understanding Leadership 1.1) 1.1 What is leadership? 1.2) 1.2 Overview of leadership theory 1.3) 1.3 Leadership theories (trait/character theories, behavioral theories, situational theories, path-goal/reciprocal theories)	
2. 2. Types, Functions and Roles of Recreation Leaders 2.1) 2.1 Settings for recreation leaders 2.2) 2.2 Types of recreation leaders 2.3) 2.3 Recreation leader functions 2.4) 2.4 Roles of recreation leaders	
3. 3. Recreation Leadership Goals 3.1) 3.1 Societal goals 3.2) 3.2 Professional goals 3.3) 3.3 Organization goals 3.4) 3.4 Participant goals	
4. 4. Decision Making and Problem Solving 4.1) 4.1 Decision making 4.2) 4.2 Problem solving	
5. 5. The Dynamics of Leadership in Groups 5.1) 5.1 Types and characteristics of groups 5.2) 5.2 Leadership for effective groups	
6. 6. Communication Skills for Leaders 6.1) 6.1 The process of communication 6.2) 6.2 Communication skills (oral skills, nonverbal skills, listening, communicating in writing, electronic communicating) 6.3) 6.3 Organizational communication	

7. 7. Leading Change and Innovation 7.1) 7.1 Innovative change 7.2) 7.2 Innovative organizational change 7.3) 7.3 Innovative change leadership 7.4) 7.4 Managing resistance to change
8. 8. Participant Motivation 8.1) 8.1 The nature of motivation 8.2) 8.2 Intrinsic and extrinsic motivation 8.3) 8.3 Managing motivation
9. 9. Facilitating recreation behavior 9.1) 9.1 Reasons for facilitating the recreation experience 9.2) 9.2 Guidelines for facilitation 9.3) 9.3 Facilitation techniques
10. 10. Teaching 10.1) 10.1 Types of learning 10.2) 10.2 Teaching roles 10.3) 10.3 Teaching strategies
11. 11. Leadership Across the Lifespan 11.1) 11.1 Leadership and the leisure Life Cycle 11.2) 11.2 Leading early and middle-aged children 11.3) 11.3 Leading youth 11.4) 11.4 Leading adults 11.5) 11.5 Leading older adults

Assessment Breakdown	%
Continuous Assessment	60.00%
Final Assessment	40.00%

Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Case Study	n/a	15%	CLO2
	Group Project	Leadership program	20%	CLO3
	Presentation	n/a	15%	CLO2
	Writing Test	n/a	10%	CLO1

Reading List	Recommended Text	<ul style="list-style-type: none"> Martin, B., Breunig, M., Wagstaff, M., & Goldenberg, M. 2017, <i>Outdoor Leadership: Theory and Practice</i>, 2nd ed. Ed., Human Kinetics [ISBN: 978-149251462]
	Reference Book Resources	<ul style="list-style-type: none"> Simon Priest & Michael Gass 2017, <i>Effective Leadership in Adventure Programming</i>, 3rd. ed. Ed., Human Kinetics [ISBN: 978-149254786] Robin Kunstler & Frances Stavola Daly 2010, <i>Therapeutic Recreation Leadership and Programming</i>, Human Kinetics [ISBN: 978-073606855] Ian O'Boyle, Duncan Murray & Paul Cummins 2015, <i>Leadership in Sport (Foundations of Sport Management)</i>, 1st. ed. Ed., Routledge [ISBN: 978-113881824] Timothy S. O'Connell, Brent Cuthbertson, & Terilyn J. Goins 2014, <i>Leadership in Recreation and Leisure Services</i>, Human Kinetics [ISBN: 978-073609531]
Article/Paper List	This Course does not have any article/paper resources	
Other References	This Course does not have any other resources	