UNIVERSITI TEKNOLOGI MARA

THE ROLE OF ENVIRONMENTAL SYSTEMS KNOWLEDGE ATTRIBUTES AND MODERATING EFFECT OF RELIGIOSITY TOWARD PRO-ENVIRONMENTAL ATTITUDES AND HOUSEHOLDS' FOOD WASTE PREVENTION BEHAVIOUR

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ABSTRACT

Like many other countries, Malaysia is facing the household food waste issue, and it is expected to exacerbate in years to come continuously. The efforts to improve the quality of environmental situations, coupled with detrimental impacts of food waste that worsen from time to time, demand new ways of thinking about the antecedents of food waste prevention behaviour. Therefore, this study aimed to examine the role of environmental systems knowledge attributes on households' food waste prevention behaviour, with pro-environmental attitudes as a mediator and religiosity as a moderator between the linkages. In answering and validating the research objectives, questions, and hypotheses, a quantitative approach with descriptive analyses and hypotheses testing was employed as the methodology. A survey questionnaire among Malaysian households from several states was undertaken with a total of 935 respondents, with 918 data found usable. The findings demonstrated that environmental systems knowledge attributes with its underlying dimensions of human-environmental system knowledge and geography-environmental system knowledge not only influence the proenvironmental attitudes, but it acts as a precursor or predictor of the households' food waste prevention behaviour. Additionally, pro-environmental attitudes played a significant mediating role in the intended relationship between environmental systems knowledge attributes and Malaysian households' food waste prevention behaviour, whereas religiosity played a moderating role in the relationship between environmental systems knowledge attributes and households' pro-environmental attitudes. The findings also proved a convergence between Environmentally Responsible Behaviour Theory and Behavioural Learning Theory (Operant Conditioning) that is applicable to provide a viable and useful theoretical framework for examining households' food waste prevention behaviour. To summarize, this study certainly offers fresh insight into the current works of literature on food waste prevention behaviour. It specifically provides consumers, non-governmental organizations, and relevant authorities with an in-depth understanding of Malaysian households in terms of what types of information or knowledge should be imparted to motivate them to act environmentally responsible and, most importantly, the formation of food waste prevention behaviour.

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TABLE OF CONTENTS

		Page			
CON	NFIRMATION BY PANEL OF EXAMINERS	ii			
AUTHOR'S DECLARATION		iii			
ABSTRACT		iv			
ACKNOWLEDGEMENT TABLE OF CONTENTS LIST OF TABLES LIST OF FIGURES LIST OF CHARTS		v vi xii xv xvi			
			LIST OF SYMBOLS		xvii
			LIST OF ABBREVIATIONS		xviii
			CHA	APTER ONE: INTRODUCTION	1
			1.1	Preamble	1
1.2	Background of The Study	1			
1.3	Food Waste in The Malaysian Context	4			
1.4	Problem Statement	6			
1.5	Research Objectives	10			
1.6	Research Questions	10			
1.7	Scope of The Study	11			
1.8	Definition of Operational Key Terms	12			
1.9	Chapter Summary	13			
CHA	APTER TWO: LITERATURE REVIEW	14			
2.1	Introduction	14			
2.2	Household Food Waste	14			
2.3	Household Food Waste in Malaysia	16			
2.4	Environmental System Knowledge	18			
	2.4.1 Human-Environment System Knowledge	20			
	2.4.2 Geography-Environment System Knowledge	26			

CHAPTER ONE INTRODUCTION

1.1 Preamble

This chapter is set as starting point and foundation, which begins by introducing the background of the study that touches on the environmental issues from a general perspective and specifically related to food waste. The associated background in the Malaysian context is delineated to understand the matters on hand better. In the next section, the problem statement pertains to the issues related to environmental system knowledge, religiosity in relation to pro-environmental attitudes, and households' food waste prevention behaviour are discussed. The research objectives together with related questions, are then addressed in the following sections. The succeeding sections outlined the scope of the study and definitions of operational key terms for a better grasp, while the final section displays the chapter summary.

1.2 Background of The Study

Out of many matters in the fast-paced global development, environmental issues are one of the concern matters in today's world (Farhud, 2017; Liu et al., 2015; McInnes, 2018). This is due to its downsides, such as the loss of national expenditure and the diminishment of natural resources, which have resulted from the numerous devastating activities of humankind (Soni & Joshi, 2017; Stern, 2011). For example, in the United States, it is reported that the country had an estimated loss of expenditure amounting to \$1.83 trillion (approximately MYR7.66 trillion) from environmental catastrophes from the year 1980 until 2020 (NOAA, 2020).

According to Guven et al. (2019), Khalil et al. (2011), and World Wildlife Fund (WWF) (2013), the global environmental issues are governed by many perspectives ranging from their types such as deforestation, biodiversity losses, pollution, and climate change, just to name a few. In this context, two major reasons for deforestation are caused by rapid growth in population and urban sprawl, impacting forest destruction by cutting down trees to make way for more homes and industries (Soni & Joshi, 2017). Moreover, it is disclosed that at least 80,000 acres (32,300 ha) of forest have been