



## UNIVERSITI TEKNOLOGI MARA

### SPS155: PROFESSIONAL ACTIVITY (SWIMMING AND GOLF)

<b>Course Name (English)</b>	PROFESSIONAL ACTIVITY (SWIMMING AND GOLF) <b>APPROVED</b>
<b>Course Code</b>	SPS155
<b>MQF Credit</b>	3
<b>Course Description</b>	This course will introduce students to various techniques of swimming. Topics covered will include general knowledge, learning and coaching progression, training, planning and organization of swimming programme and practical experience.
<b>Transferable Skills</b>	Introduce students to various techniques of swimming and golf.
<b>Teaching Methodologies</b>	Lectures, Practical Classes, Presentation
<b>CLO</b>	CLO1 Discuss fundamental principles, concepts and theories in swimming CLO2 Be able to facilitate active learning, critical thinking and problem solving skills in behavioral analysis of basic skills in swimming CLO3 Apply concepts and principles of learning to teaching, development and performance CLO4 State the opportunities offered in this industry for their career planning in the future CLO5 Express an understanding and knowledge of the golf game CLO6 Apply the basic knowledge on tool and how in order to play the game
<b>Pre-Requisite Courses</b>	No course recommendations
<b>Topics</b>	
<b>1. General Knowledge</b>	
<b>2. Getting to know the water</b>	
<b>3. Learning to swim</b>	
<b>4. Swimming strokes</b>	
<b>5. Learning to dive</b>	
<b>6. Racing start</b>	
<b>7. Racing turn</b>	
<b>8. Introduction – History of the golf game</b> 8.1) n/a	
<b>9. Basic equipments and their characteristics</b> 9.1) n/a	
<b>10. Basic fundamental of the game</b> 10.1) n/a	
<b>11. Etiquette and definition</b> 11.1) n/a	
<b>12. Rules of the game, scoring system and handicapping</b> 12.1) n/a	
<b>13. Type of game and tournament in golf</b> 13.1) n/a	
<b>14. Golf club complex management</b> 14.1) n/a	

<b>15. Pro-shop businesses</b> 15.1) n/a
<b>16. Driving range</b> 16.1) n/a
<b>17. Buggy business and caddy service</b> 17.1) n/a
<b>18. Golf as Tourism destination</b> 18.1) n/a
<b>19. Psychology of golf</b> 19.1) n/a
<b>20. Practical : skills test in golf swing.</b> 20.1) n/a

Assessment Breakdown	%
Continuous Assessment	70.00%
Final Assessment	30.00%

Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Practical	Continuous assessment 70%	70%	CLO1 , CLO2 , CLO3 , CLO4 , CLO5 , CLO6

Reading List	Recommended Text	<ul style="list-style-type: none"> <li>• Jim Suttie. 2006, <i>Your Perfect swing</i>, Human Kinetics USA</li> <li>• Paul G. Schemp, Peter Mattsson 2005, <i>Golf –Steps To Success</i>, Human Kinetics USA</li> </ul>
	Reference Book Resources	<ul style="list-style-type: none"> <li>• Hardy, C. 1987, <i>Handbook for teaches of swimming</i>, Ed., , London: Pelham Books. Ltd [ISBN: ]</li> <li>• Verrier, J. 1985, <i>Swimming</i>, Ed., , Witshire: Crowood [ISBN: ]</li> <li>• Thomas, D. G. 1989, <i>Swimming : Steps to Success</i>, Ed., , Champaign, IL: Human Kinetics [ISBN: ]</li> </ul>
Article/Paper List	This Course does not have any article/paper resources	
Other References	This Course does not have any other resources	