



**UNIVERSITI TEKNOLOGI MARA**

**EDU430: INTRODUCTION TO GUIDANCE AND COUNSELLING**

<b>Course Name (English)</b>	INTRODUCTION TO GUIDANCE AND COUNSELLING <b>APPROVED</b>
<b>Course Code</b>	EDU430
<b>MQF Credit</b>	3
<b>Course Description</b>	The main objective of this course is to expose the students to a framework of counselling approach as a method in understanding and helping an individual or a group. This course will focus on four main aspects, that is; the history and orientation of counselling profession, the concept of helping relationship, basic concepts and requirements in the field of counselling. Universal concepts relating to guidance and counselling will also be discussed
<b>Transferable Skills</b>	knowledge in applying basic counseling skills
<b>Teaching Methodologies</b>	Lectures, Demonstrations, Case Study, Discussion
<b>CLO</b>	<p>CLO1 state what counselling is.</p> <p>CLO2 apply the fundamental concepts relating to helping and counselling skills through knowledge and counselling activities.</p> <p>CLO3 identify basic counselling process and counselling techniques in counselling activities.</p> <p>CLO4 explain the professional issues and the counselling code of ethics</p> <p>CLO5 Organise themselves to further their interest in learning more about counseling</p>
<b>Pre-Requisite Courses</b>	No course recommendations
<b>Topics</b>	
<b>1. INTRODUCTION, PHILOSOPHIES, FIELD OF COUNSELING</b> 1.1) n/a	
<b>2. SELECTED THEORIES</b> 2.1) n/a	
<b>3. CODE ETHICS OF COUNSELING</b> 3.1) n/a	
<b>4. FOCUS ON CLIENT, COUNSELOR</b> 4.1) n/a	
<b>5. COUNSELING RELATIONSHIP, STAGES</b> 5.1) n/a	
<b>6. GROUP COUNSELING</b> 6.1) n/a	
<b>7. MULTICULTURAL, CAREER COUNSELING</b> 7.1) n/a	
<b>8. SCHOOL COUNSELING</b> 8.1) n/a	
<b>9. FAMILY COUNSELING</b> 9.1) n/a	

Assessment Breakdown	%
Continuous Assessment	60.00%
Final Assessment	40.00%

Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Assignment	Personal Development Journal	10%	CLO5
	Group Project	Group Counselling Project (consist of 3-4 students)	30%	CLO2
	Test	Test(1)	10%	CLO3
	Test	Test(2)	10%	CLO4

Reading List	Recommended Text	Gladding, S.T 1996, <i>Counselling : A Comprehensive profession</i> , 3 Ed., Columbus: Prentice Hall
	Reference Book Resources	<ul style="list-style-type: none"> <li>• Corey, G 1996, <i>Theory and Practice of Counselling and Psychq</i> Monterey. CA: Brooks/Cole</li> <li>• 1998, <i>Akta Kaunselor (Akta 580)</i>, Kuala Lumpur, Percetakan Nasional Malaysia Be</li> <li>• McLeod, J 2000, <i>An Introduction to Counselling</i>, Buckingham: Open University Press.</li> <li>• Hansen, J., Stevic, R., &amp; Warner, R 1996, <i>Counselling : Theory and Process</i>, Boston : Allyn and Bacon.</li> </ul>
Article/Paper List	This Course does not have any article/paper resources	
Other References	This Course does not have any other resources	