

**UNIVERSITI TEKNOLOGI MARA**

**EURHYTHMICS AS A MEANS OF ACQUIRING  
IN RHYTHMIC SKILLS AMONG PRIMARY  
SCHOOL STUDENTS.**

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Dissertation submitted

For the degree of

**Bachelor of Education (Primary Education)**

**with Honours**

**Faculty of Education**

**January 2015**

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## ABSTRACT

This study is a qualitative study to evaluate the effectiveness of the Dalcroze Eurhythmics method in helping school students' understanding of rhythm and improvisation through movement to music. The purpose of this study is to examine the effectiveness of rhythm through movement activities using Eurhythmics in school. In addition, this study will focus on the effectiveness of improvisation through movement activities using Eurhythmics in school and also the suitability of Eurhythmics activities carried out in schools. The study was conducted at a primary school in the Selangor area. The sample used was a total of 7 samples comprinsip of 3 boys and 4 girls, and these activities are conducted in the classroom. Observation and questionnaires were used to collect the data needed to be analyzed. Results showed a positive response and good cooperation between the researcher and the study sample during the process of study. The overall findings show Eurhythmics method can help students learn the rhythms and improvisation through movement.

## ACKNOWLEDGEMENTS

Alhamdulillah gratitude to Allah, finally the assignment for this thesis done after so many challenges that I have had to face.

Infinite gratitude I dedicate to my father and mother, wife and children who have always supported and encouraged me to continue to graduation till the end of all the semesters.

Thank you also for group ERMUA (Music) in 2011 till 2014, which has helped me directly or indirectly for the preparation of this action research assignment.

Also a big thank you to all the staff at the Sekolah Kebangsaan Pendamaran Jaya, Pelabuhan Klang mainly the administrators, teachers, colleagues, support staff and students.

Millions of thanks to my supervisor who helped me to complete this action research assignment. .

All the efforts given by you will hopefully receive His mercy and blessing commensurate to the Day of Judgement. **Amin...**

## **1.0 Introduction**

This study seeks to evaluate the effectiveness of the application of Dalcroze's Eurhythmics method in primary school students understanding of rhythm through music movement. In addition, this study will also investigate the acquiring of a sense of rhythm skills among primary school students through movement activities using the Eurhythmics method. The study will be conducted at SK Pendamaran Jaya Pelabuhan Klang in Selangor. The samples to be used will involve a total of 7 students consisting of 3 boys and 4 girls. The activities will be conducted in classrooms. Observation and questionnaires will be used to collect the data needed to be analyzed. Based on the records to be obtained, we will be able to draw some conclusions regarding the study to be undertaken.

This section will discuss the identification, research background, problem statement, research objectives, research questions the importance of the study, limitations of the study, definitions, terminologies and conclusions.

Eurhythmic method was invented by Emile Jaques Dalcroze which is a method of learning and experiencing music through body movement. This method consists of three key elements of rhythm, solfa and improvisation. This study will focus on movement rhythm and improvisation skills. This study is to provide guidance and assistance to teachers who want to use this method of Eurhythmics in the teaching and learning of musical activities or other subjects. In addition, this study can be a guideline and form the basic of other studies related to methods of Eurhythmics. Through this study, teachers can find an alternative appropriate method in the