

UNIVERSITI TEKNOLOGI MARA
FACULTY OF ADMINISTRATIVE SCIENCE & POLICY STUDIES



**STUDY ON HOW OPEN DISTANCE LEARNING (ODL) CAN EFFECTING
LIFESTYLE AND BEHAVIOUR OF UNDERGRADUATE UITM STUDENTS IN
MALAYSIA.**

NAME OF STUDENT:

AMIRUL IMRAN BIN HALIP (2019564129)
LUQMANUL HAKIM BIN MASKOR (2019582025)

FEBRUARY 2022

Acknowledgement

For first and foremost, we would like to thank to Dr. Devika Krishnan for the encouragement, warmth, guidance and advices throughout the period of time to accomplish this research study field. This job is impossible to be done without the guidance from our respectful lecturer. Gratefully thanks to the various referrer for the suggestions and contribution for the journal created which really helpful for the academic purposes and learning.

We would like to thank to our parents, family members, class AM228 6B for supporting, assisting and encouragement throughout this this journey. Without them is possible also this research study can be done smoothly.

May Allah repay and bless you all always.

Thank You.

Abstrak/Abstract

*Pandemik COVID-19 di Malaysia telah menyaksikan bilangan pembawa positif meningkat dari hari ke hari, mendorong kerajaan mengeluarkan Perintah Kawalan Pergerakan (PKP), yang mewajibkan rakyat Malaysia duduk di rumah bagi mengelak virus itu merebak dengan cepat. PKP memaksa pelajar sarjana muda UiTM yang memulakan semester baharu pada minggu keempat untuk tinggal di rumah sambil menyambung pengajian melalui Pembelajaran Jarak Jauh Dalam Talian (ODL) pada Mac 2020. Adakah akauntabiliti pelajar mempunyai kesan semasa ODL? Apakah penyesuaian dan halangan mereka semasa mereka menyertai aktiviti ODL? Tinjauan terhadap 300 pelajar prasiswazah telah dijalankan untuk menilai akauntabiliti, penyesuaian dan masalah pelajar sepanjang tempoh ODL. Selepas itu, hipotesis dibangunkan dan diuji menggunakan korelasi Pearson. Sebanyak 300 respons yang sah diterima selepas pengumpulan data akhir. Semua pembolehubah tidak bersandar mempengaruhi hubungan positif antara akauntabiliti dan Pembelajaran Jarak Jauh Terbuka ($r= 0.725^{**}$, $p=0.000$, $p 0.05$) dan hubungan positif antara cabaran dan penyesuaian terhadap pelajar dan pendidik terhadap Pembelajaran Jarak Jauh Terbuka ($r= 0.751^{**}$, $p=0.000$, $p 0.05$). Penyelidikan ini memberi perspektif baru kepada pensyarah, kerajaan, pengurusan fakulti, universiti, sebagai amalan ODL terbaik pada masa hadapan.*

The COVID-19 pandemic in Malaysia has already seen the number of positive carriers rise day by day, prompting the government to issue a movement control order (MCO), requiring Malaysians to stay at home to prevent the virus from spreading quickly. The MCO forces UiTM undergraduate students who are starting a new semester in the fourth week to stay at home while continuing their studies via Online Distance Learning (ODL) on March 2020. Does the students' accountability have an effect during the ODL? What are their adaptations and obstacles as they participate in ODL activities? A survey of 300 undergraduate students was undertaken to assess student accountability, adaptation, and problems over the ODL period. Following that, the hypotheses are developed and tested using Pearson correlation. A total of 300 valid responses were received after the final data collection. All independent variables influenced the positive relationship between accountability and Open Distance Learning ($r= 0.725^{**}$, $p=0.000$, $p 0.05$) and the positive relationship between challenges and adaption toward students and educators to Open Distance Learning ($r= 0.751^{**}$, $p=0.000$, $p 0.05$), according to the analysis. This research provides a fresh perspective to the lecturer, government, faculty management, university, as the finest ODL practice in the future.

Table of contents

Chapter 1: Introduction

1.1	Introduction.....	8
1.2	Problem statement.....	11
1.3	Research Questions	14
1.4	Research Objectives.....	15
1.5	Scope of Study	15
1.6	Significance of the proposed study	15
1.7	Definition of terms, terminology and concepts.....	16

Chapter 2: Literature Review & Conceptual Framework

2.1	Literature Review.....	17
2.2	Role Of Academician, Government.....	19
2.3	University in Changing Educational Environments	20
2.4	Human Behavior	21
2.5	What actually is a lifestyle?	23
2.6	Conceptual Framework.....	24
2.7	Hypothesis.....	25

Chapter 3: Research Method

3.1	Introduction.....	26
3.2	Research design.....	26
3.3	Unit of analysis	26
3.4	Sample size	26
3.5	Sampling technique	27
3.6	Measurement/Instrumentation	27
3.7	Data collection	28
3.8	Data analysis	29

CHAPTER 4: FINDINGS

4.1 Introduction.....30
4.2 Demographic Profile.....30
4.3 Preliminary Analyses.....31
4.4 Main Findings.....32

CHAPTER 5: DISCUSSION & CONCLUSION

5.1 Introduction.....34
5.2 Discussion of the Findings.....34
5.3 Research Recommendations.....35
5.4 Research Limitations and Future Recommendations36
5.5 Conclusion.....38
REFERENCES.....39
APPENDICES.....42