



THE EFFECTIVENESS OF SAFETY AND HEALTH TRAINING  
PROGRAM TOWARDS EMPLOYEES PERFORMANCE AT  
ECOLEX SDN BHD

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## **ABSTRACT**

Training act as an important tools to increase employees efficient and efficiency. Therefore, training is needed especially in safety and health training. Safety training is important because it may helps employees to reduce the accidents happen at the workplace. The purpose of this study is to examine the SHE orientation and forklift familiarization which identified could influnce the effectiveness of safety and health training among production department. The primary data with sample size of 120 respondents have been collected throught a set of questionnaire from production department at Ecolex Sdn Bhd. Based on the analysis, found that SHE orientation and forklift familiarization have a moderate positive relationship with employee performance. This study provides overview of the relationship between the factor that influence employee performance.