

**CENTRE OF STUDIES FOR QUANTITY SURVEYING FACULTY OF
ARCHITECTURE, PLANNING AND SURVEYING UNIVERSITI TEKNOLOGI
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**THE IMPLEMENTATION OF TIME MANAGEMENT AMONGST
QUANTITY SURVEYING STUDENTS IN UNIVERSITI TEKNOLOGI
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ABSTRACT

Higher education plays a very important role in the development of human capital in Malaysia. However, Students in higher education in Malaysia is facing problems, including poor management of time. This research aims to find out the implementation of time management amongst Quantity surveying students in Universiti Teknologi MARA Sarawak Cawangan Samarahan 1. The research objective is to identify the time management implementation among quantity surveying students, the factor affecting time management among quantity surveying and the way to improve time management among students. Questionnaires have been distributed among students via google form. The result of this research shows that the students were aware of the implementations of time management but they are factors that affect their decisions such as they can be easily distracted. This study has been carried out to create awareness among students on time importance of implementation of time management and way to improve time management among students.

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CHAPTER 1

1.0 INTRODUCTION

The important of time management is essential in higher education. Without proper time management, many problems will occur, such as the extension of time and others. Several researchers describe time overrun as delay, effect by poor time management skills. In higher education, good time management skills have been found as having a "buffering" impact on stress (Misra & McKean, 2000). They are a crucial indicator of improved performance and reduced stress and anxiety (Kearns & Gardiner, 2007). Many students, however, struggle to balance their academics and their personal life (Van der Meer, Jansen, & Torenbeek, 2010), resulting in time management issues, poor sleep habits, and higher stress levels (Hardy, 2003).

According to Kelly (2002), it requires three main assumptions: a sense of time, a sense of the items that fill time, and constructive working habits. Such awareness is often established by self-regulation and the formation of objectives and action plans. Time management is an ability not only recognized but often practiced by any student. Many university students complain that they cannot do a particular work before the deadline when asked to do a specific position. Therefore, students need better time management. (Kelly, 2002)

This research aims to study the implementation of time management amongst quantity surveying students in University Teknologi MARA Sarawak. Hopefully, this research can help people understand the implementation of time management especially when it comes to the many subjects and high credit hours taken in university such as Universiti Teknologi MARA(UiTM) itself.