

**UNIVERSITI TEKNOLOGI MARA**  
**FACULTY OF ADMINISTRATIVE SCIENCE &**  
**POLICY STUDIES**



**ADOLESCENT'S INVOLVEMENT IN PREMARITAL**  
**SEX: A PROFESSIONAL VIEW**

**NUR AMIERA BINTI ZAINUDDIN**

**2019416628**

**NURUL IZZATI BINTI GHAZALI**

**2020461592**

**AUGUST 2022**

## **ABSTRACT**

Sexual activity that is done before marriage is known as premarital sexual intercourse, and it is both illegal and immoral in various cultures and religions. The incidence of this sexual behaviour among adolescents has reportedly been rising nationwide. The fact that certain individuals of Malaysian society still believe discussing sexuality is taboo has led to an increase in adolescents' sexual behaviour that is hard to curb. This demonstrates that the society as a whole lack of awareness regarding this issue. This study was done to obtain the professional's view regarding the adolescent's involvement in premarital sex. Also, this study was conducted to study three objectives (i) To identify the characteristics of adolescent's involvement in premarital sex; (ii) To determine the factors that influence the adolescent's involvement towards the issues of premarital sex; and (iii) To explain the government's current initiative that can be reformulated to overcome the issues of premarital sex among adolescents. This study used a qualitative survey which is in-depth interviews had been done to the 6 respondents chosen from professionals that have experiences in handling the adolescents that has been engaged in premarital sex. Based on the interviews conducted, the characteristics of adolescents involved in premarital sex has been identified. There were also several factors that encourage the adolescents to involve in premarital sex. Besides, there should be made some renewal towards the government's current initiative in combating the issue of premarital sex among adolescents. As this study was only limited from the view of professionals, it is recommended that future study can highlight the views from the adolescents and other groups of society as well regarding this issue.

**Keywords:** Sexual activity, Premarital Sex, Adolescents

## **ACKNOWLEDGEMENT**

First and foremost, praises and thanks to God, the Almighty, for His showers of blessings throughout my research work to complete the research successfully. We would like to express our deep and sincere gratitude to our research supervisor, Dr Khairiyah Hj. Md Shahid for giving us the opportunity to do research and providing invaluable guidance throughout this research. Her dynamism, vision, sincerity and motivation have deeply inspired us. She has taught us the methodology to carry out the research and to present the research works as clearly as possible. It was a great privilege and honour to work and study under his guidance.

We are extremely grateful to our parents for their love, prayers, caring and sacrifices for educating and preparing us for our future. Also, we would like to express our thanks to our sisters and brother, for their support and valuable prayers. My Special thanks goes to our friend for the keen interest shown to complete this research successfully. Our appreciation also goes to our UiTM's lecturers and our respondents that have facilitated us with their information, knowledge, experience and also their assistance. We also wanted to express our appreciation to each other to keep motivated and determined in completing the thesis. The time that both of us spend on this thesis is precious and worth the result. Finally, our thanks go to all the people who have supported us to complete the research work directly or indirectly.

## TABLE OF CONTENTS

<b>DECLARATION</b> .....	<b>i</b>
<b>ABSTRACT</b> .....	<b>ii</b>
<b>ABSTRAK</b> .....	<b>iii</b>
<b>ACKNOWLEDGEMENT</b> .....	<b>iv</b>
<b>LIST OF FIGURE</b> .....	<b>vii</b>
<b>LIST OF APPENDICES</b> .....	<b>viii</b>
<b>CHAPTER 1: INTRODUCTION</b>	
1.1 Introduction.....	1
1.2 Problem Statement .....	2
1.3 Research Questions .....	3
1.4 Research Objectives.....	3
1.5 Scope of Study .....	4
1.6 Significance of the Proposed Study .....	4
1.7 Definition of Terms, Terminology and Concepts .....	6
<b>CHAPTER 2: LITERATURE REVIEW &amp; CONCEPTUAL FRAMEWORK</b>	
2.1 Literature Review.....	8
2.2 Theory of Planned Behavior .....	8
2.3 Premarital Sex Among Adolescents .....	9
2.4 Awareness Regarding Premarital Sex Among Adolescents .....	10
2.5 Conceptual Framework.....	16
<b>CHAPTER 3: RESEARCH METHODOLOGY</b>	
3.1 Introduction.....	20
3.2 Research Design.....	20
3.3 Unit/level of Analysis .....	20
3.4 Sample Size.....	21
3.5 Sampling Technique .....	21

3.6	Measurement/Instrumentation .....	22
3.7	Data Collection .....	22
3.8	Data Analysis .....	23
<b>CHAPTER 4: FINDINGS</b>		
4.1	Introduction.....	25
4.2	To identify the characteristics of adolescent’s involvement in premarital sex.....	25
4.3	To determine the factors that influence the adolescent’s involvement towards the issues of premarital sex .....	35
4.4	To explain the government’s current initiative that can be reformulated to overcome the issues of premarital sex among adolescents.....	44
<b>CHAPTER 5: DISCUSSION &amp; CONCLUSION</b>		
5.1	Introduction.....	50
5.2	Summary of research objective.....	50
5.3	Research Recommendations .....	53
5.4	Research Limitations .....	55
5.5	Future Suggestions.....	56
5.6	Conclusion .....	58
<b>REFERENCES.....</b>		<b>59</b>
<b>APPENDIXES .....</b>		<b>67</b>