# A REVIEW ON ANTIMICROBIAL FILM PACKAGING FROM POMEGRANATE PEEL WASTE

NURUL IZZATI BINTI OTHMAN

Final Year Project Report Submitted in Partial Fulfilment of the Requirements for the Degree of Bachelor of Science (Hons.) Applied Chemistry in the Faculty of Applied Sciences, Universiti Teknologi MARA

**AUGUST 2022** 

#### **ACKNOWLEDGEMENT**

In the Name of Allah, the Most Beneficent, the Most Merciful. All praises to Allah and His blessing for giving me the strength and determination to finish writing this review research. My deepest gratitude goes to my supervisor and coordinator, Dr. Nor Hafizah Che Ismail, who guided me and showed me her unwavering support throughout this dissertation. This paper would not have been completed without her consent

Next, I thank Dr. Siti Nurlia Ali for providing guidance and understanding throughout this writing process. My heartfelt thanks go to my family and friends for their continuous support and help. Lastly, I would like to acknowledge Universiti Teknologi MARA (UiTM) Perlis and the Faculty of Applied Sciences, Universiti Teknologi MARA Perlis, for providing the help and support in completing this writing.

Nurul Izzati Binti Othman

and supervision.

### **ABSTRACT**

### A REVIEW ON ANTIMICROBIAL FILM PACKAGING FROM POMEGRANATE PEEL WASTE

This paper highlights the potential of pomegranate peel waste as an alternative preservatives food packaging. The purpose of this study is to conduct a thorough review of the most recent research on the use of alternative preservatives derived from pomegranate peel waste for antimicrobial film food packaging. This article describes current developments in the biochemical composition, antimicrobial potential, and food preservation features of pomegranate peel extracts, as well as a discussion of those developments. The pomegranate peel can be an effective and natural option for synthetic preservative agents. The efficiency of extraction compounds derived from plant tissues can be affected by various factors, such as the method of extraction used, the type of solvents used for the extraction, and the differences in the mixture of solvents used for different materials. The antimicrobial activity of PPE was more substantial than that of other parts, which was related to the total amount of flavonoids and tannins in PPE. Several foodborne pathogens, such as Escherichia coli, Fusarium sambucinum, Penicillium italicum, and Bacillus subtilis, were found to be susceptible to the antibacterial actions of PPE. The findings indicated that the peels of pomegranate fruits are the primary by-products produced during the food processing of pomegranate. These peels are rich in antioxidants and broad-spectrum antimicrobial agents and can prevent food deterioration even when exposed to high temperatures.

# TABLE OF CONTENTS

4 D.		Page
	STRACT	
	STRAK	ivii
	KNOWLEDGEMENT	iv
	BLE OF CONTENT	V
	T OF TABLES T OF FIGURES	vi vii
	T OF ABBREVIATIONS	vii vii
	T OF SYMBOLS	ix
	1 OF STRIBOLS	IX
CH	APTER 1 INTRODUCTION	
1.1	Background of study	1
1.2	Problem statement	3
1.3	Research Questions	4
1.4	Significance of study	5
1.5	Objectives of study	6
1.6	Scope and limitation of study	6
CH	APTER 2 LITERATURE REVIEW	
2.1	Properties of pomegranate fruit	7
2.2	Peel of the pomegranate: Biochemical composition	9
2.3	The extract process of Pomegranate peel	13
	2.3.1 Simple Stirring Extraction	18
	2.3.2 Extraction by Applying Pressure	19
	2.3.3 Ultrasound- Assisted Extraction (UAE)	21
	2.3.4 Microwave Assistant Extraction (MAE)	22
2.4	Antimicrobial Activities	24
2.5	Biochemical changes of food preservation of pomegranate peel	29
CH	APTER 3 CONCLUSION AND RECOMMENDATION	
3.1	Conclusion	32
3.2	Recommendation	33
CIT	TED REFERENCES	34

### **CHAPTER 1**

### INTRODUCTION

## 1.1 Background of study

Punica granatum L. Punicaceae, known as pomegranate, a seeded or granular apple, is a tasty fruit eaten worldwide. Pomegranate fruit that is ripe is ball-shaped, approximately five inches in diameter, and has a deep red leathery peel. Since the beginning of the 21st century, there has been an uptick in the production and consumption of pomegranate fruits. This can be attributed to the growing number of scientific studies on these fruits' positive effects on one's health. Pomegranate fruits are used in their natural state and after being processed, most commonly into juice, oil, wine, and preserves. Pomegranate peels are generally among the most frequently wasted items, as they are unusable. Approximately 78% of the peel is recovered as a residue during pomegranate juice processing. Pomegranate peel is an agricultural by-product that contains phenolic chemicals that can be exploited as natural antioxidants in the food and pharmaceutical sectors (Bertolo et al., 2021). It includes a variety of nutrients and phenolic chemicals, including gallic acid, ellagic acid, Punicalagin A, and Punicalagin B, as well as other hydrolysable tannins (Kumar et al., 2021). A majority of the peel is composed of cellulose (16–22 g), lignin (20–41 g), pectin (14–23% of the peel), and a small amount of protein (Abid, Yaich, et