

Haiku



Life

by Dr Nur Ilianis Adnan

Walk and breathe slowly Hug and kiss the air around Take a quiet break

When the sky is dark
The moon and stars are aligned
Wait for the magic

Hush hush your own words For they will snatch your peace And gifted you pain

Close your pretty eyes Bring along your mind and soul To your sacred place

> Hush! Tick tock tick tock Listen to the beat of the Time passing by fast

Thousands of my steps Move to a thousand places Yet, still fixated