UNIVERSITI TEKNOLOGI MARA

PERSONALITY TRAITS AND SOCIAL NETWORKING SITES ADDICTION AMONG UITM STUDENTS

NUR FAIZA BINTI ZULKIPLI

Computing Project submitted in fulfilment of the requirements for the degree of Master of Science in Information Technology

Faculty of Computer and Mathematical Sciences

January 2017

ABSTRACT

Social networking sites (SNS) have gained fame over the past few years. People have started to use them excessively. Among the popular social networking sites are Facebook, Instagram, Twitter, Snapchat and the list goes on. It has become the center of attention and has created an urge to explore certain issue among the researchers. This study investigates the effect of personality variables on social networking sites addiction. Survey method was employed as the methodology in this study. 250 sets of questionnaires were distributed among students from various faculty in UiTM Shah Alam campus. However, only 206 set of questionnaire were valid to be analyzed. For findings and result, Regression analysis was used to analyze the data. Extraversion, Neuroticism and Openness to experiences are all positively correlated to social networking sites addiction. University needs to play significant role to take advantage on this situation. Some study might indicate that SNS addiction will give bad impact to students' academic performance. But it can be avoided by injecting education element on SNS, both ways for teaching and learning. By this means, students can get the information swiftly and more up-to-date.

ACKNOWLEDGEMENT

First and foremost, the deepest gratitude of all shall be bestowed to Allah the Almighty and The Merciful for all the insight which He gave to us that lead to the completion of this research. Without His blessings and consent, I might not have enough courage and determination to complete this research. All my thanks and appreciation will be lay upon Him.

My gratitude and thanks to my supervisor, Puan Saidatul Rahah binti Hamidi, for her advice, support, new ideas, time spent, comments and all encouragement in assisting me for the better quality in my research. Not to forget all my Master's friends that never give up to give idea and encourage each other to complete this research.

Finally, my deepest gratitude to my beloved parents and families that give encourage for me to success. Without their pray and support during the tough and limited time, this thesis would not have been complete successfully.

Thank you so much.

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