Novo Nordisk Talk: Treatment for Diabetes Mellitus - What's New ?



On 3rd May 2023, Dr. Deepak Mukherjee, the Director of Clinical, Medical, Regulatory and Quality (CMRQ) from Novo Nordisk Pharma Malaysia, delivered a lecture at Dewan Kuliah 10, UiTM Puncak Alam campus. The lecture entitled "Treatment for diabetes mellitus - What's New?" was attended by more than 160 participants physically and through online streaming. The lecture session is a part of the diabetes topic activity under the PHC691 course (Applied Therapeutics in Gastrointestinal, Renal and Endocrine Disorders). It is aimed to enhance student's knowledge and understanding on the current and new pharmacotherapies available in the management of diabetes mellitus. Pharmacists play a critical role in the management of diabetes, as they are often the first point of contact for patients seeking advice and medication.

Thus, they are responsible to provide patients with accurate and updated information about the effectiveness and potential side effects of diabetes medications as well as to counsel patients on self-monitoring of blood glucose levels. For decades, the primary treatment for diabetes has been insulin therapy. However, the landscape of diabetes treatment has undergone a significant transformation in recent years, with the emergence of new medications that offer better glycaemic control, fewer side effects, and improved quality of life for patients. One company that has been at the forefront of diabetes research and treatment is Novo Nordisk, a Danish pharmaceutical company which has developed innovative treatments and devices to help patients manage their condition better. Dr. Deepak shared information on currently available pharmacotherapies, and ongoing clinical trials on potential new pharmacotherapies and devices. This session has also disseminated knowledge and innovative explorations, and latest findings related to diabetes mellitus in particular and other common comorbidities such as obesity and cardiovascular disease to the participants.

As pharmacists in training, it is important to stay up-to-date on the latest developments in diabetes treatment and counsel patients on the proper use of medications and devices. By working collaboratively with other healthcare professionals, pharmacists can help patients manage their diabetes and prevent the onset of complications. It is anticipated that such a beneficial event will be of great benefit to the students and strengthen the ties between the academia and pharmaceutical industry.

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