



UNIVERSITI TEKNOLOGI MARA

**BREATHING DIFFICULTIES AMONG
TROMBONE PLAYERS**

RAHIMAH BINTI YAHAYA

2015566627

BACHELOR OF MUSIC EDUCATION (HONS.)

FACULTY OF MUSIC

JULY 2019

AUTHOR'S DECLARATION

I declare that the work in this research project was carried out in accordance with the regulations of Universiti Teknologi MARA (UiTM). It is original and the results of my own works, unless otherwise indicated or acknowledge as referenced work. This research project has not been submitted to any academic institution or non-academic institution for any degree or qualification. I hereby, acknowledge that I have been supplied with Academic Rules and Regulations for undergraduate of Universiti Teknologi MARA which allows me to conduct this study and research.

Name of student : Rahimah binti Yahaya
Student ID : 2015566627
Program Code : MU220
Program : Bachelor of Music Education (Hons.)
Faculty : Faculty of Music
Research title : Breathing Difficulties Among Trombone Players
Semester : March – July 2019

ACKNOWLEDGEMENT

I would like to acknowledge the invaluable assistance of several people. My supervisor, Assoc. Prof. Dr. Valerie Ross for her patience, advice, tolerances and words of encouragement. Without her guidance and persistent, help this research project would not have been possible.

Next, I would like to dedicate my grateful to my lovely parents, Yahaya bin Mohd. Nor and Zainab binti Jalaludin, for giving me an endless moral support and confidence to finish my research paper until it is finally done. Their guidance and advice along the way was vital.

In addition, I would like to thank to my respondents for their willingness and time to participate in this study. I am very thankful the completion of this research project would not have been possible without their participant. Not to forget, thank you so much to all my friends especially to Nur Qistina, Fatin Nur Asyiqin, Afiqah, Yasmin and Muhamad Ikhwan for the support and always be my side to encourage me all the time.

Last but not least, I would like to express my gratitude to Universiti Teknologi Mara (UiTM) as well. With the rich resources that UiTM has granted, I was able to complete this project in the limited time constraint at ease. The e-database, library facilities and authorization to carry out this project are the sharpest tools for me to conduct my working. Thank you.

ABSTRACT

Breathing while playing the wind instrument is different than normal everyday breathing. Gaunt (2004) said that breathing is fundamental to playing a wind instrument. Good breathing relates directly to all aspects of music-making, from physical sensation and freedom of movement to the shaping of a musical phrase. Five (5) participants of music students of the Faculty of Music in UiTM who are majoring in trombone involved in this study were asked about their breathing difficulties while playing the instrument. Most of them said that the problem when they first learn the trombone is not having enough air support to produce bright sound from the instrument. They also agree that physical exercise could help them stay fit and keep their stamina on track. Breathing gym is one of the necessities to the wind players to build up strong air support. Discipline to have a consistent practice every day is very important for wind players.

TABLE OF CONTENT

	Page
AUTHOR'S DECLARATION	i
ACKNOWLEDGEMENT	ii
ABSTRACT	iii
TABLE OF CONTENT	iv
LIST OF FIGURE	vii
CHAPTER 1: INTRODUCTION	1
1.1 Background of Study	1
1.2 Problem Statement	3
1.3 Objective of Study	4
1.4 Research of Study	4
1.5 Significant of the Study	4
CHAPTER 2: LITERATURE REVIEW	6
2.1 Introduction	6
2.2 Breathing	6
2.3 Slide Technique	8
2.4 Articulation in Brass Playing	10
2.5 The Slur	10