### **UNIVERSITI TEKNOLOGI MARA**

# THE INFLUENCE OF MARITAL STATUS ON MOTIVATION FACTORS TOWARD WOMEN PARTICIPATION IN RUNNING EVENT

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Dissertation submitted in partial fulfillment of the requirements for the degree of

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**Faculty Sports Science and Recreation** 

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#### **AUTHOR'S DECLARATION**

I am, Siti Nor Hazila binti Bosra@Abu, hereby, declare that this work has not previously been accepted in substances for any degree, locally, or overseas, and is not being concurrently submitted for this degree or any other degrees. The research also not submitted to any other academic institution and non-academic institution for this degree or any other degrees.

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#### **ABSTRACT**

This study to examine the most influence factors of motivation towards women participation in running event and to identify the influence of marital status on the highest motivation factor towards women participation in running event at "Hari Sukan Negara Peringkat Negeri Johor". This study is surveying study. The sample is 392 from women who participate in running event during Hari Sukan Negara Peringkat Negeri Johor. The study was using SPSS to analyze data. The analysis that been use are descriptive analysis to analyze the most influence motivation factors and Independent t-Test use to analyze the difference between marital status on the most motivation factors. The result show that extrinsic is the highest motivation factors ( $\bar{x}$ =57.8622). The study also founded that there is significant different between marital status on the most motivational factor that influence samples (p=0.38), p<0.05.

Keywords: motivation, extrinsic motivation, running event, and marital status

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