

UNIVERSITI TEKNOLOGI MARA

**ANALYSIS OF GLUCOSE LEVEL
DETECTION DEVICE
PERFORMANCE BY
CHEMOMETRICS APPROACHED
AND DIFFUSE REFLECTANCE
FOURIER TRANSFORM NEAR
INFRARED SPECTROSCOPY**

NOOR NAZURAH BT MOHD YATIM

Thesis submitted in fulfilment
of the requirements for the degree of
Master of Science

Faculty of Applied Sciences

November 2017

ABSTRACT

Diabetes mellitus is a chronic disease attributed by body that experiences abnormal insulin production that causes high level of glucose in blood. There are three types of blood glucose monitoring which are invasive, minimal invasive and non-invasive. Current glucose measurement method is an invasive type of measurement that require draw out blood sample several times a day with pain and stressful feeling. Meanwhile, non-invasive optical glucose detection is a painless and harmless method that has been shown in this study to help patients monitor their glucose level and improved patient's health. Therefore, the initial investigations were conducted to evaluate the potential of FT-NIRS spectra towards non-invasive level glucose detection using chemometrics analysis. An optical device has been developed for the measurement of glucose level which consists of tungsten halogen light source, Fourier Transform Near Infrared (FT-NIR) with photodetector, bifurcated optical fibre as a waveguide, NIR cuvette sample holder and white reflectance standard. Samples in this study were glucose in water, glucose in intralipid, human skin and intracardiac rat's blood. The analysis tools to analyse all these data were Principal Component Analysis (PCA) to analysis and classify types of sample and Partial Least Squared (PLS) to predict glucose concentration. The glucose solutions with different pH, glucose in Allura red and human body skin were classified by PCA. Meanwhile, PLS regression model gave good prediction values for the glucose level in water, glucose in intralipid and rat's intracardiac blood sample. The PLS regression model developed was validated by Root Mean Square Error (RMSE) and Coefficient of Determination (R^2). The best PLS model was achieved by using Multiplicative Signal Correction (MSC) data preprocessing for the glucose level detection in water which are 125 mg/dl (6.9 mmol/l) RMSE and 0.55 R^2 . Meanwhile, glucose in intralipid model by Savitzky Golay (SG) showed 16.3 mg/dl (0.9 mmol/l) RMSE and 0.99 R^2 . As for intracardiac rat's blood, the best model was obtained with the application of SG since it provide the lowest RMSE which is 2.05 mg/dl (0.11 mmol/l) and highest value of R^2 which is 0.96. This analysis showed promising results for application on human.

ACKNOWLEDGEMENT

Foremost, I would like to express my sincere gratitude to my supervisor PM Dr Zainiharyati Mohd Zain for the continuous support in completing my master study and research. Her guidance, patience, motivation, enthusiasm and immense knowledge helped me in all the time of research and writing of this thesis.

Beside my supervisor, I would like to dedicate a lot of thanks to my co-supervisor, Dr. Mohd Zuli Jaafar. He is from Universiti of Technology MARA Jasin formerly from UiTM Kuala Pilah. His encouragement, guidance, sacrifice and insightful comments in understanding the Chemometrics analysis is very precious.

Special thanks to project team, research mates and friends in Photonics Department, MIMOS Berhad for the productive idea, discussion and endless support in my laboratory work. Not forgotten all the lecturers and friends at Universiti Teknologi MARA Shah Alam and Kuala Pilah.

Finally, I would like to thank my beloved family, my husband, my parents Puan Noraini bt Maakip and En. Mohd Yatim bin Shamsuri for their endless love and support and also to my monetary support from KPT.

TABLE OF CONTENTS

	Page
CONFIRMATION BY PANEL OF EXAMINERS	ii
AUTHOR'S DECLARATION	iii
ABSTRACT	iv
ACKNOWLEDGEMENT	v
TABLE OF CONTENTS	vi
LIST OF TABLES	ix
LIST OF FIGURES	x
LIST OF SYMBOLS	xiii
LIST OF ABBREVIATIONS	xiv
CHAPTER ONE: INTRODUCTION	1
1.1 Introduction	1
1.1.1 Diabetes Mellitus	1
1.1.2 Glucose Detection Techniques	3
1.1.3 Spectroscopy Techniques	4
1.1.4 Chemometrics Analysis Approach	5
1.2 Problem Statement	6
1.3 Objectives	7
1.4 Scope of Study	7
CHAPTER TWO: LITERATURE REVIEW	9
2.1 Glucose Measurement Method	9
2.1.1 Invasive Measurement Method	9
2.1.2 Non-invasive Glucose Monitoring Techniques	9
2.2 Sample Preparation	14
2.2.1 Glucose	14

CHAPTER ONE

INTRODUCTION

1.1 INTRODUCTION

The development of near infrared (NIR) spectroscopy has grown rapidly in the past few decades and become valuable analytical tools with many applications in areas such as chemical, pharmaceutical, dermatological, food industry and agricultural (Jaafar, 2011). New technologies emerge with new approaches to solve crucial problems such as blood glucose monitoring that is faced by many people. The technologies such as NIR offer a rapid, non-destructive, non-invasive method for qualifying and quantifying glucose level concentration. This kind of research has gained interest for many medical practitioners and diabetic patients and this chapter provides the background knowledge on which the studies are based.

1.1.1 Diabetes Mellitus

Diabetes mellitus is a condition in which the body's natural control does not adequately produce the quantity and quality of insulin needed to maintain normal glucose levels in the blood (Amaral & Wolf, 2007). The nineteenth century has greatly contributed to the understanding of diabetes. These include numerous discoveries made by Claude Bernard in the field of metabolism and diabetes (DeFronzo, 2010). The storage of glucose in the liver was described as glycogen and the acute hyperglycemia that followed experimental damage of the medulla oblongata known as *pancreatic diabetes*. Langerhans had suggested that pancreatic islets produced a glucose-lowering substance which was later named insulin by Jean de Meyer in 1909. Since then, major advances have been accomplished in the understanding of diabetes and metabolism.

The major effects of diabetes mellitus include long-term damage, malfunction and failure of various organs. For most patients, diabetes once diagnosed is for life (Zuzarte, 2008). Diabetes involves whether in terms of type 1, Insulin Dependent Diabetes Mellitus (IDDM), type 2 Non-Insulin Dependent Diabetes Mellitus and type 3, gestational diabetes that is a complication of pregnancy. In January 2011, the American Diabetes Association's statistical data estimates that 25.8 million people of US