

UNIVERSITI TEKNOLOGI MARA

**JOB STRESS AND JOB PERFORMANCE: A CASE
STUDY OF KUCHING COURT SARAWAK**

JOSEPHINE THOMAS

Dissertation submitted in partial fulfillment
of the requirements for the degree
Executive Master of Administrative Science

Faculty of Administrative Science and Policy Studies

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CONFIRMATION BY PANEL OF EXAMINERS

I certify that a Panel of Examiners has met on 23th December 2017 to conduct the final examination of Josephine Thomas on her Executive Master of Administrative Science Thesis entitled “Job Stress and Job Performance: A case Study of Kuching Court Sarawak” in accordance with Universiti Teknologi MARA Act 1976 (Akta 173). The Panel of Examiners recommends that the student be awarded the relevant degree. The panel of Examiners was as follows:

Kuldip Singh, PhD
Senior Lecturer
Faculty of Administrative Science and Policy Studies,
Universiti Teknologi MARA

Jati Kasuma Ali, PhD
Senior Lecturer
Faculty of Business Management,
Universiti Teknologi MARA

Nadrawina Binti Isnin, PhD
Senior Lecturer
Faculty of Administrative Science and Policy Studies,
Universiti Teknologi MARA

Abdul Jabbar Bin Abdullah, PhD
Senior Lecturer
Faculty of Business Management
Universiti Teknologi MARA

PROF SR DR HAJI ABDUL HADI HAJI NAWAWI
Dean
Institute of Graduates Studies
Universiti Teknologi MARA
Date: 31st January 2018

AUTHOR'S DECLARATION

I declare that the work in this dissertation was carried out in accordance with the regulations of Universiti Teknologi MARA. It is original and is the results of my own work, unless otherwise indicated or acknowledged as referenced work. This dissertation has not been submitted to any other academic institution or non-academic institution for any degree or qualification.

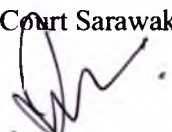
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Name of Student : Josephine Thomas

Student I.D. No. : 2015184109

Programme : Executive Master of Administrative Science
Faculty of Administrative Science and Policy Studies

Dissertation Title : Job Stress and Job Performance: A Case Study of Kuching
Court Sarawak

Signature of Student : 

Date : 31st January 2018

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ABSTRACT

Job Stress and Job Performance are closely related to one another. It is a causal and effect relationship. It has been a study of many scholars and the issue contributes to job stress aggravates from time to time. Many may not realize how job stressors influence job performance other than complaining. Job stress can be seen into two parts namely job demands and job resources. The independent variable is job stress consisting job demands and job resources while dependent variable is job performance. This study examines job stress and job performance relationship in one of Judiciary department a case study conducted at Kuching court, Sarawak. The result reveals that there is high level of stress and significant relationship between job stress and job performance in Kuching court, Sarawak. There are significant differences in job performance and length of service also proven from this study. A self-administered questionnaires survey collected data from the sample of case study, employees of Kuching court who are 31 males and 69 females. Nevertheless, this study introduces positive relationship between job stress and job performance. It is the greatest hope that this study can provide an insight and better understanding pertaining to job stress and job stress management in thriving job performance in the future not only in the Judiciary but in public organization in general.

Keywords: Job Stress, Job Performance.