## UNIVERSITI TEKNOLOGI MARA

# THE RELATIONSHIP BETWEEN FLOOD AND FOOD SECURITY AMONG POST-FLOOD VICTIMS AT BERA DISTRICT, PAHANG, MALAYSIA

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Thesis submitted in fulfillment of the requirements for the degree of Bachelor (Hons.) of Nutrition and Dietetics

Faculty of Health Sciences, UiTM

January 2016

**AUTHOR'S DECLARATION** 

I, Siti Nur Syazwani binti Abd Aziz, declare that this thesis was carried out in accordance

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#### **ABSTRACT**

Floods continue to pose the greatest threat to the property and safety of human population especially in the sense of food security. According to the Food and Agriculture Organization (2006), food security occurs when all people, at all times, have physical and economic access to sufficient, safe and nutritious food that meets their dietary needs and food preferences for a dynamic and healthy life. Meanwhile, Strickhouser, Wright, and Donley (2015) stated that according to United States Department of Agriculture (USDA) food insecurity is defines as the state of being without reliable access to an adequate quantity of affordable and nutritious food. This cross-sectional study by using convenience sampling was conducted among the post-flood victims at Bera district, Pahang, states of Malaysia. There are two objectives for this research which are to determine the relationship between flood and food security and to examine the nutritional status and eating behavior among the victims. The combination questionnaire with some modification were used in this study by collecting the data through pre-tested questionnaire. The questionnaire consists of; anthropometry assessment, the survey item developed by Cambodia Post-Flood Relief and Recovery Survey, Household Food Insecurity Access Scale (HFIAS) and also the Adult Food Security Survey Module (AFSSM). From the total of 247 respondents, 210 respondents were answered the questionnaire, whereas another 37 respondents refused to answer it. Out of 210 of respondent, 115 from them are effected by the flood and another 95 respondents are not affected with the percentage 54.8% and 45.2%, respectively. There are about 65.1% of food secure among the respondents and 34.9% of food insecure according to AFSSM. The main findings of this study showed that the level of food security among post-flood victims at Bera district, Pahang is not a big issues because almost all of them have enough food aid during the floods.

#### ACKNOWLEDGEMENT

First of all, Alhamdulillah, I wish to thank God for giving me the opportunity to embark on my degree and for completing this long and challenging journey successfully. With the help and blessing of Allah S.W.T., the Most Merciful and the Most Gracious, this research project has been carried out successfully and completely. Praises also to Prophet Muhammad s.a.w., the greatest creation who brought light and peace throughout the universe.

My gratitude and thanks go to my supervisor, Encik Khairil Anuar bin Md. Isa that always help me with the support, patience and ideas in assisting me to complete this project and without his help, this thesis would not have been completed nor written. Not forgetting, my co-supervisor, Dr Norazmir bin Md. Nor and Encik Ghazali Masuri who also supported and help me throughout my research project. Also, special thanks to Dr. Tengku Shahrul Anuar and Encik Razif Dasiman who have given me the idea to do a good research article. The work presented in this paper was funded by the Kementerian Pendidikan Malaysia Fundamental Research Grant Scheme (FRGS).

Also, I gratefully acknowledge the participants from Dun Guai, Bera district, Pahang for their commitment and contribution in this project. Without their fully commitment, this project would never have been done.

Finally, my very precious thanks go to my beloved family, friends especially my team mates in this research project, Nor Azizah bt Mohamed, Siti Salwani bt Musa and Farihatun Najihah bt Abdul Khalib for supporting me throughout my study in the university. I hope this research will be a future guidance and references for those who are interested in this field of study.

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