# UNIVERSITI TEKNOLOGI MARA

# PARTICULATE MATTER (PM2.5) AND SICK BUILDING SYNDROME AMONG LIBRARIANS AT OLD AND NEW LIBRARIES

# **NUR AFZANIZAN BINTI MASRI**

Project submitted in fulfillment of the requirements for the degree of

Bachelor (Hons.) in Environmental Health and Safety Faculty of Health Sciences

**JULY 2015** 

#### **Declaration by Student**

Project entitled "Assessment Of Particulate Matter (Pm2.5) And Sick Building Syndrome Among Librarians At Old And New Libraries" is a presentation of my original research work. Wherever conttribution of others are involved, every effort id made to indocate this clearly, with due reference to the literature, and acknowladgement of collaborative reserch and discussions. This project was done under the guidiane of Mr Razi Ikhwan Bin Md.Rashid as prject supervisor and Mr Megat Azaman Bin Megat Mokhtar as Co-supervisor. It has been submitted to the Faculty in Environmental Health and Safety (Hons).

Student's Signature

(Nur Afzanizan Bt Masri)

2011635706

901102-13-6362

Date: 03/07/2015

#### **ACKNOWLEDGEMENT**

#### Bismillahirahmannirrahim

Alhamdulillah, Thanks to Allah SWT, whom with His willing giving me the opportunity to complete this Final Year Project which entitle "Particulate Matter (Pm2.5) And Sick Building Syndrome Among Librarians At Old And New Libraries". This final year project report was prepared for Faculty of Health Sciences, Universiti Tecnologi Mara (UiTM) Puncak Alam, basically for student in final year to complete the undergraduate prograam that leads to the benchelor of Environmental Health and Safety (Honours).

Firstly, I would like to express my deepest thanks to Mr Razi Ikhwan Bin Md.Rashid as prject supervisor and Mr Megat Azaman Bin Megat Mokhtar as Co-supervisor who guides be a lot of task. I am also want to thanks to the lecturer and staffs of Environmental health and safety for their cooperation during I complete the final year project that had given valuable information, suggetions and guidance in the compilation and preparation this final year project.

Deepest thanks and appreciation to PTAR UiTM Shah Alam and PTAR Puncak Alam which give me apportunities to conduct my assessment. I also would like to express my appreciation and thanks to my parents, family and frienfs and those who had given me ssistance directly or indirectly for their their cooperation, encouragement, constructive suggesstion and full support for the report completion from the beginning till the end.

# TABLE OF CONTENTS

TITLE ACKNOWLEDGEMENT TABLE OF CONTENTS LIST OF TABLES LIST OF FIGURES LIST OF APPENDICES LIST OF ABBREVIATION ABSTRACT		PAGE I ii V Vii Viii Ix			
			ABSI	RACI	X
			СНАР	TER ONE: INTRODUCTION	
			1.1	Background Information	- 1
. 1.2		3			
1.3	•	5			
1.4	Research Question	6			
1.5	Study Objectives	6			
1.6	Conceptual Framework	8			
1.7	Conceptual Definition	9			
СНАР	TER TWO: LITERITURE REVIEW				
2.1	Library as Academic Building	9			
2.2	Indoor Air Quality (IAQ)	10			
2.3	Carbon Dioxide (CO <sub>2</sub> )	10			
2.4	Particulate Matter 2.5	13			
2.5	Health Effect of PM 2.5	14			
2.6	Sick Building Syndrome (SBS)	17			
2.7	Rules and Regulation	18			
СНАР	TER THREE: METHADOLOGY				
3.1	Study Location	23			
3.2	Study Design	23			
3.3	Study Variables	24			
3.4	Sampling	24			
3.5	Data Collection	24			
3.6	Assessment of Parameter	25			
3.7	Study Instrument	26			
3.8	Statistical Analysis	27			
3.9	Study Limitation	27			

#### **ABSTRACT**

# PARTICULATE MATTER (PM2.5) AND SICK BUILDING SYNDROME AMONG LIBRARIANS AT OLD AND NEW LIBRARIES

#### Nur Afzanizan binti Masri

**Introduction**: The investigation of indoor air quality (IAQ) important to study because IAQ is not new issue in Malaysia. This study aimed to determine the relationship of particulate matter (PM<sub>2.5</sub>) with Sick Building Syndrome symptoms (SBS) among librarians in two different libraries (old and new building) in UiTM. There are three sampling points selected which have similarity both libraries which consists of recovery room, office and receptionist. 26 librarians from PTAR Shah Alam and 14 librarians from PTAR Puncak Alam were selected to answer the questionnaire. Questionnaire based on Industrial Code of Practice, 2010 was performed to record prevalence of SBS.

Methodology: Cross-sectional comparative study designs were used in this study to asses on indoor air quality in two different libraries in Selangor which is old and new libraries at PTAR UiTM and also conduct the survey of Sick Building Syndrome among selected librarian at both libraries. This study involved 40 librarian consists of 26 librarians from PTAR UiTM Shah Alam (old library) and 14 librarians from PTAR UiTM Puncak Alam (new library). The SBS symptoms were assessed by questionnaire of Industry Code of Practice on Indoor Air Quality (2010). IAQ were monitored by using Q-trak (TSI Model 7575) and Dust-trak II aerosol monitor (TSI Model 8531).

**Results:** There was significant higher prevalence of SBS among old building and new building ( $X^2 = 55.441$ ,p< 0.000). Mann Whitney test showed there were significant higher indoor air pollutnts in old building compare to new building: Office; for PM<sub>2.5</sub> ( z=-1.966, p<0.049), CO<sub>2</sub> ( z=-0.288, p<0.773), Temperature ( z=-2.515, p<0.012), Relative humidity ( z=-9.71, p<0.331): Recovery room; PM<sub>2.5</sub> ( z=-19.052, p<0.000), CO<sub>2</sub> ( z=-18.801, p<0.000), Temperature ( z=-2.501, p<0.012), Relative humidity ( z=-9.961, p<0.337): Receptionist PM<sub>2.5</sub> ( z=-19.195, p<0.000), CO<sub>2</sub> ( z=-18.799, p<0.000), Temperature ( z=-5.544, p<0.000), Relative humidity ( z=-2.433, p<0.015).

Conclusion: This study suggested that increasing PM<sub>2.5</sub>, CO<sub>2</sub>, temperature and relative humidity may influence the occurrence of SBS among librarians. A future study is suggested to identify the risk of exposure IAQ level and relationship of SBS.

**Keywords:** Indoor Air Quality (IAQ), Particulate Matter 2.5(PM<sub>2.5</sub>), new building, old building, Sick Building Syndrome (SBS), CO<sub>2</sub>, Temperature, Relative Humidity