UNIVERSITI TEKNOLOGI MARA

A STUDY ON QUALITY OF WORK LIFE AMONG LECTURERS IN UITM KELANTAN

CHE MUHAMAD LUQMAN BIN CHE LAH ANIS SALIHAH BT CHE BERHANUDDIN SITI NUR ATIQAH BINTI MOHD SHAFIE

Dissertation submitted in fulfilment of the requirement for the degree of **Bachelor of Science (Hons) Statistics**

Faculty of Computer and Mathematical Sciences

January 2019

APPROVED BY:

(MADAM NUR SAFWATI BINTI IBRAHIM) SUPERVISOR Faculty of Computer and Mathematical Sciences

ABSTRACT

Quality of work life is an employee's self-reported satisfaction with a job. This study aim is to identify the significance factors (stress at work, work occupy, job and career satisfaction and working condition) towards the quality of work life (QWL) among the lecturers in UiTM Kelantan. Besides, this study also carried out to study the significant mean difference between quality of work life (QWL) of lecturers in UiTM Kelantan and some of demographics variables (age, gender, educational qualification, work experience and income level). The sample of this study consists of 204 lecturers in UiTM Kelantan. This sample is selected by using simple random sampling and the data collection method that applied in this study is self-administered questionnaire. For the analysis of this study, the researcher used structural Equation Modelling (SEM), Analysis of Variance (ANOVA) and Independent T-Test. The results show working condition and job and career satisfaction influence the quality of work life (QWL) while the work occupy and stress at work are negatively correlate to the quality of work life (QWL). The results for demographic variables show there is no mean difference between the groups in each variable

Keywords: Quality Of Work Life (QWL), Stress At Work, Working Occupy, Working Condition, Career and Job Satisfaction

ACKNOWLEDGEMENT

"In the name of Allah SWT, the Merciful and Beneficent"

Praise is to Allah S.W.T for the blessing and giving us the strength and health to complete this project paper. Alhamdulillah for His guidance and courage throughout my life especially during the difficult times.

First and foremost, we would like to thank our kindness supervisor, Madam Nur Safwati Binti Ibrahim for her invaluable advice, comments and concern guidance during the progress of our project paper. We feel very grateful and appreciate for the continuous support, patience and ideas which enabled me to successfully complete our research journey at the Faculty of Computer and Mathematical Sciences, Universiti Teknologi MARA (UiTM). It would have been impossible to complete this research without her help and guidance.

Besides, this project makes us realized the value of working together as a team and give new experience in doing research, teach us about scope of work and how to analyse qualitative data. Sincerely appreciation to our beloved family, especially our parents who given full support and encouragement in the process to finish the research project paper. Finally, special thanks to our beloved friends that share their experience, time and commitment in finishing this research project. No such valuable word than "Thank You" to appreciate their eagerness and kindness. More than words could express on paper or could be spoken in words. Hopefully this research project would be a guidance to the future. Thank You.

TABLE OF CONTENTS

	Page
ABSTRACT	iii
ACKNOWLEDGEMENT	iv
TABLE OF CONTENTS	v
LIST OF TABLES	ix
LIST OF FIGURES	xi
CHAPTER ONE: OVERVIEW OF THE STUDY	1
1.1 Introduction	1
1.2 Background of Study	1
1.3 Problem Statement	4
1.4 Research Objective	5
1.5 Research Question	5
1.6 Research Hypothesis	5
1.7 Scope of The Study	6
1.8 Limitations of The Study	6
1.9 Significance of Study	6
CHAPTER TWO: LITERATURE REVIEW	8
2.1 Introduction	8
2.2 Work Stress	8
2.3 Working Occupy	9