

# A STUDY ON FACTORS CONTRIBUTING JOB STRESS AMONG NURSES AT HOSPITAL KUALA KRAI (HKK)

# ROHAYA BINTI ABDUL RAHMAN 2009360093

BACHELOR OF BUSINESS ADMINISTRATION
(HONS) HUMAN RESOURCES MANAGEMENT
FACULTY OF BUSINESS MANAGEMENT
UNIVERSITI TEKNOLOGI MARA
MELAKA CITY CAMPUS

**JANUARY 2012** 

# A STUDY ON FACTORS CONTRIBUTING JOB STRESS AMONG NURSES AT HOSPITAL KUALA KRAI (HKK)

## **ROHAYA BINTI ABDUL RAHMAN**

Submitted in Partial Fulfilment
of the Requirement for the
Bachelor of Business Administration
(Hons) Human Resource Management

FACULTY OF BUSINESS MANAGEMENT UITM, MELAKA CITY CAMPUS

**JANUARY 2012** 

#### **DECLARATION OF ORIGINAL WORK**



# BACHELOR IN BUSINESS ADMINISTRATION (HONS) HUMAN RESOURCE MANAGEMENT FACULTY OF BUSINESS MANAGEMENT UNIVERSITY TEKNOLOGI MARA (UITM) MELAKA CITY CAMPUS

## "DECLARATION OF ORIGINAL WORK"

I, ROHAYA BT ABDUL RAHMAN, (I/C Number: 880618-11-5116)

## Hereby, declare that:

- This work has not previously been accepted in substance for any degree, locally or overseas, and is not being concurrently submitted for this degree or any other degrees.
- This project-paper is the result of my independent work and investigation, except where otherwise stated.
- All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature:	Date:	

### LETTER OF SUBMISSION

9 January 2012

The Head of Program

Bachelor of Business Administration (Hons) Human Resource

Universiti Teknologi MARA

110 Off Jalan Hang Tuah,

75300 Melaka

Dear Sir,

### SUBMISSION OF PROJECT PAPER

Attached is the project paper titled "FACTOR CONTRIBUTING JOB STRESS AMONG NURSES HOSPITAL KUALA KRAI (HKK)" to fulfil the requirement as needed by the Faculty of Business Management, University Teknologi MARA Thank you

Yours sincerely

ROHAYA BINTI ABDUL RAHMAN 2009360093

Bachelor in business Administration (Hons) Human Resource Management

#### **ABSTRACT**

Project paper titled "Factor contributing job stress among nurses at Hospital Kuala Krai, Kelantan" is conducted as partial requirement to fulfill the requirement as needed by the Faculty of Business Management, University Technology Mara (UiTM). The objectives of this study is to identify the factors that lead to job stress in Hospital Kuala Krai, Kelantan and to identify the significant relationship between Independent Variables (IV) and occupational stress in Hospital Kuala Krai, Kelantan.

This research focuses on nurses at Hospital Kuala Krai, Kelantan which consist about 246 of the nurses according the different grade such as grade U42, U41, U36, U32, U29, U24 and U19. The total population is 246 of nurses at Hospital Kuala Krai, Kelantan. The researcher decides to distribute 150 questionnaires to the nurses at Hospital Kuala Krai, Kelantan. The sampling method that will be used is "simple random sampling". The hypothesis testing shows that role conflict and unfavourable work environment are significance with job stress while work overload is not significance with job stress.