

UNIVERSITI TEKNOLOGI MARA

**THE COMPARATIVE STUDY OF FIRST AND
FINAL YEAR NURSING STUDENTS ON
DEPRESSION, ANXIETY AND STRESS TOWARDS
DEATH AND DYING**

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**Project submitted in fulfilment of the requirements
for the degree of**

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AUTHOR'S DECLARATION

Hereby, I would declare that this research originally done completely from initial to the end with guidance from my supervisor, A.P. Dr. Rasidah Mohamed in accordance with the regulations of Universiti Teknologi MARA (UiTM).

I am aware of all the potential risks and effects that may arise so we are solely responsible for our own actions while doing this research. I voluntarily waive the right of conferment of my degree and agree be subjected to the disciplinary rules and regulations of Universiti Teknologi MARA (UiTM).

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The Comparative Study of First and Final Year Nursing Students on Depression, Anxiety, and Stress towards Death and Dying.

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ABSTRACT

BACKGROUND: Everyone will face death and dying, whether their own family members or other people. However, nursing students are more exposed to encounter death and dying during their practice session. This experience will produce negative emotional state such depression, anxiety and stress on the individual. Therefore, the aims of this study is to determine depression, anxiety and stress between first and final year nursing students towards death and dying and to compare the first and final year nursing students' depression, anxiety and stress with demographics.

METHODS: A universal sampling of first and final year nursing students UiTM Puncak Alam were approached and recruited to answer the questionnaire. There were 89 respondents who completed the demographic questionnaire and negative emotional states: depression, anxiety and stress.

RESULTS: Results showed significant difference between first and final year nursing students on the level of depression $p=0.013$, anxiety $p=0.002$ and stress $p=0.008$. The significant differences were between levels of depression, anxiety and stress with age ($p < 0.001$). Gender was found to be significantly different with anxiety level of final year nursing students ($p=0.02$).

CONCLUSIONS: In conclusion, level of depression, anxiety and stress of first year nursing students were higher as compared to final year nursing students. Furthermore, there was a significant difference between first and final year nursing students on depression, anxiety and stress with age. Findings also revealed there was a significant difference gender with level of depression while final year students with level of anxiety. Therefore, it is important to understand the experience of nursing students facing death and dying because the quality of nursing care can be affected when student nurses experiences depression, anxiety and stress. The findings of this research can be used to develop recommendations for nursing student improvement in their ability to face death and dying.

KEYWORDS: Death, Dying, Depression, Anxiety, Stress

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Sincerely,

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