



**FACTORS OF JOB BURNOUT AMONG FEMALE TEACHERS
IN MUAR DISTRICT**

NUR IZZATI FATIN BINTI HAZA

2016328667

**BACHELOR OF BUSINESS ADMINISTRATION (HONS)
HUMAN RESOURCE MANAGEMENT
FACULTY OF BUSINESS MANAGEMENT
UNIVERSITI TEKNOLOGI MARA**

DECEMBER 2018

FACTORS OF JOB BURNOUT AMONG FEMALE TEACHERS
IN MUAR DISTRICT

NUR IZZATI FATIN BINTI HAZA

2016328667

Submitted in Partial Fulfilment of the Requirement
For the Bachelor of Business Administration with Honours
(Human Resource Management)

BACHELOR OF BUSINESS ADMINISTRATION (HONS)
HUMAN RESOURCE MANAGEMENT
FACULTY OF BUSINESS MANAGEMENT
UNIVERSITI TEKNOLOGI MARA

DECEMBER 2018

DECLARATION OF ORIGINAL WORK



**BACHELOR OF BUSINESS ADMINISTRATION
WITH HONOURS (HUMAN RESOURCE MANAGEMENT)
FACULTY OF BUSINESS MANAGEMENT
UNIVERSITI TEKNOLOGI MARA
“DECLARATION OF ORIGINAL WORK”**

I, Nur Izzati Fatin Binti Haza, (I/C Number: 960815-01-5464)

Hereby, declare that:

- This work has nor previously been accepted in substance for any degree, locally or overseas, and is not being concurrently submitted for this degree or any other degrees.
- This project-paper is the result of my independent work and investigation, except where otherwise stated.
- All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature:

Date: 23 December 2018

ABSTRACT

The purpose of this research is to investigate the factors of job burnout among female teachers in Muar district. The subjects of the study were 254 female teachers of secondary schools. A demographic questionnaire was used to collect the data regarding the individual characteristic (age, status, race, highest education level, basic salary, working length as a teacher, and length of distance to go to work). The Maslach Burnout Inventory (MBI) by (Maslach, Jackson, & Schwab, 1986) was employed to collect the data concerning the burnout levels of the teachers. Three factors which are work overload, work environment and student misbehaviour was found to have a significant relationship with job burnout. The recommendation for future researcher is to broaden the sample size by obtaining a larger population of the study. Future researchers can carry out this study which focus to other professions such as firefighter and airlines pilot.

Keywords: Burnout, Factors of Job Burnout, Female Teachers, Work Overload, Work Environment, Student Misbehaviour

TABLE OF CONTENT

CHAPTER 1	INTRODUCTION	
1.1	Background of study	1-3
1.2	Problem statement	3-4
1.3	Research Questions	5
1.4	Research Objectives	5
1.5	Significant of the Study	
1.5.1	To The Organization	5
1.5.2	To The Researcher	6
1.6	Definition of Term	
1.6.1	Job Burnout	6
1.6.2	Work Overload	6
1.6.3	Work Environment	6
1.6.4	Student Misbehaviour	6
1.7	Research Limitation	
1.7.1	Respondents Commitment	7
1.7.2	Time Frame	7
1.8	Conclusion	7