



اُنْبُوْزِ سَيِّدِيْ تَيْكُوْلُوْ كِيْ مَارَا
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**CENTRE OF STUDIES FOR LANDSCAPE ARCHITECTURE
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**DESIGNING HEALING GARDEN AND RESTORATIVE OUTDOOR
SPACE FOR OLD FOLK'S AT SENIOR CITIZENS COMPLEX
SEKSYEN 24, SHAH ALAM, SELANGOR.**

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JULY 2018

AUTHOR'S DECLARATION

I declare that the work in this dissertation was carried out in accordance with the regulations of Universiti Teknologi MARA. It is original and is the results of my own work, unless otherwise indicated or acknowledged as referenced work. This thesis has not been submitted to any other academic institution or non-academic institution for any degree or qualification.

I, hereby, acknowledge that I have been applied with the Academic Rules and Regulations for Under Graduate, Universiti Teknologi MARA, regulating the conduct of my study and research.

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ABSTRACT

Healing gardens are frequently connected to the open space related to healthcare group or area that the purpose is to increase the people well-being. This topic mostly related to the elder population and it can be a healing garden when the gardening activity can improve a healthy lifestyle. The purpose of this study is providing a well-design of outdoor space as a remedial and recuperative a healthy environment for old folk's community at Senior Citizens Complex Section 24, Shah Alam. The target user for this project study is a men because of the study and some research with the resident at Seksyen 24, Shah Alam shows the total of elderly men mostly need a healthcare than women. The methodology of this study involves the implementation stages of secondary data from government department and existing data from previous researches which already published. The primary data has been identified through observation and data recorded method. All collected data are synthesised to identify the potential area to be developed and preserved. Based on strategies and design ideas inspired from the concept of "Zamrud" that has been transform into physical form in designing the open spaces to be more functional, systematic, accessible and conservation of natural features to make the place more authentic with their own identity. The finding of this study will produce a master plan which consist of all solution and mechanism in order to achieve the design goal. This study will be significant to promote therapeutic landscape design to improve quality of life of the old folk's community.

Keywords: Healing garden, old folk's, authentic places, open spaces, conservation, therapeutic landscape and quality of life.

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TABLE OF CONTENT

	PAGES
ABSTRACT	i
ACKNOWLEDGEMENT	ii
TABLE OF CONTENT	iii-xi
LIST OF TABLE	vii
LIST OF CHART	vii
LIST OF FIGURE	vii-xi
 CHAPTER 1: INTRODUCTION	
1.1 Introduction	1
1.2 Background	2
1.3 Prevalent Issues and Problem Statement	2
1.4 Study Aim and Objectives	2-3
1.4.1 Aim	2
1.4.2 Objectives	2-3
1.5 Definition and Terminologies	3-4
1.5.1 Design	3
1.5.2 Healing Gardens	3
1.5.3 Therapeutic Landscapes	3
1.5.4 Restorative	3
1.5.5 Restorative Outdoor space	4
1.5.6 Old Folk's Community	4
1.6 Scope of Study	4
1.7 Research Methodology	4-5
1.7.1 Design Development	5
1.8 Chapter Summary	6
 CHAPTER 2: LITERATURE REVIEW AND RELATED REFERENCE CASES	
2.1 Introduction	7
2.2 Literature Review	7-8
2.2.1 Healing and Therapeutic Garden	7-8
2.2.1.1 Type of Therapeutic Garden Based on Function	8
2.3 Benefits from Healing Garden	8-9
2.4 Evidence-Based Design Approaches	9-10
2.5 Universal Design Principles	10-11
	iii