



**FACTORS INFLUENCING WORK-LIFE BALANCE AMONG PETRONAS
EMPLOYEES**

MUHAMAD AMIR ZAQWAN BIN MOHD ALI

2015653602

BACHELOR OF BUSINESS ADMINISTRATION (HONS.)

INTERNATIONAL BUSINESS

UITM CAWANGAN MELAKA KAMPUS BANDARAYA MELAKA

JULY 2018

**FACTORS INFLUENCING WORK-LIFE BALANCE AMONG PETRONAS
EMPLOYEES**

MUHAMAD AMIR ZAQWAN BIN MOHD ALI

2015653602

**Submitted in Partial Fulfilment of the
Requirement for the
Bachelor of Business Administration with Honors
(International Business)**

**FACULTY OF BUSINESS MANAGEMENT
UNIVERSITI TEKNOLOGI MARA
KAMPUS BANDARAYA MELAKA**

JULY 2018

DECLARATION OF ORIGINAL WORK



**BACHELOR OF BUSINESS ADMINISTRATION
WITH HONOURS (INTERNATIONAL BUSINESS)
FACULTY OF BUSINESS AND MANAGEMENT
UNIVERSITI TEKNOLOGI MARA
“DECLARATION OF ORIGINAL WORK”**

I, Muhamad Amir Zaqwan bin Mohd Ali, (I/C Number: 961214-10-5063)

Hereby, to declare that:

- This work has not previously been accepted in substance for any degree, locally or overseas and is not being concurrently submitted for this degree or any other degrees.
- This project paper is the result of any independent work and investigation, except where otherwise stated.
- All verbatim extracts have been distinguished by quotations marks and sources of my information have been specifically acknowledged.

Signature: _____ **Date:** _____

LETTER OF SUBMISSION

4th JULY 2018

The Head of Program
Bachelor of Business Administration (Hons) International Business
Faculty of Business and Management
Universiti Teknologi MARA
Cawangan Melaka
Kampus Bandaraya Melaka
110 Off Jalan Hang Tuah
75300 Melaka

Dear Sir / Madam,

SUBMISSION OF PROJECT PAPER

Attached is the project paper title “FACTORS INFLUENCING WORK-LIFE BALANCE AMONG PETRONAS EMPLOYEES” to fulfil the requirement as needed by the Faculty of Business Management, Universiti Teknologi MARA.

Thank you.

Yours Sincerely,

Muhamad Amir Zaqwan bin Mohd Ali
2015653602
BBA (Hons) international Business

ABSTRACT

This study examines on the factors influencing work-life balance among employees of Petrolaim Nasional Berhad (PETRONAS). Work-life balance is a broad scope that encompasses many determinants but the researcher specifically focuses on four determinants that are time-off from work, allegiance to work, flexibility on work schedule, and workplace support. Data were collected from 100 respondents using convenience sampling. The data collected was then evaluated by using Statistical Package for the Social Science (SPSS) Version 23 Software. Using SPSS, numerous tests were converged such as reliability analysis, descriptive analysis Pearson's correlation and multiple regression analysis. The result indicated that that there is positive significant relationship between time-off from work and workplace support with wok-life balance. However, flexibility on work schedule and allegiance to work recorded an insignificant relationship with work-life balance. Recommendation and direction for future studies were discussed in this study.