



THE FACTORS INFLUENCING HEALTH WELLBEING IN CELCOM JOHOR

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BACHELOR OF BUSINESS ADMINISTRATION WITH HONOURS

(INTERNATIONAL BUSINESS)

FACULTY OF BUSINESS MANAGEMENT

UNIVERSITY TEKNOLOGY MARA

(MALACCA) CITY CAMPUS

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**Submitted in Partial Fulfilment of the
Requirement for the Bachelor of Business Administration with Honours
(International Business)**

**FACULTY OF BUSINESS MANAGEMENT
UNIVERSITY TEKNOLOGY MARA
(MALACCA) CITY CAMPUS**

DECLARATION OF ORIGINAL WORK



**BACHELOR OF BUSINESS ADMINISTRATION WITH HONOURS
(INTERNATIONAL BUSINESS)
FACULTY OF BUSINESS MANAGEMENT
UNIVERSITY TEKNOLOGY MARA
“DECLARATION OF ORIGINAL WORK”**

I, Badrul Emran Bin Badrul Hisham, (I/C Number: 960724-87-5039)

Hereby declare that:

- This work has not been previously accepted in substance for any degree, locally or oversea, and is not being concurrently submitted for this degree or any other degrees.
- This project paper is the result of my independent work and investigation, except where otherwise stated.
- All verbalism extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature: _____

Date: _____

LETTER OF SUBMISSION

5th July 2018

Coordinator

Bachelor of Business Administration (Hons) International Business

Faculty of Business Management

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Off Jalan Hang Tuah

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Dear Mr/Miss,

SUBMISSION OF PROJECT PAPER

Attached is the project paper titled “The Factors Influencing Health Wellbeing at Celcom Johor”, to fulfil the requirement as needed by the Faculty of Business Management, Universiti Teknologi MARA.

Thank you.

Yours sincerely,

Badrul Emran Bin Badrul Hisham

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Bachelor of Business Administration (Hons.) International Business

ABSTRACT

The purpose of this study was to identify the factors that have significant relationships and influence most on the state of health wellbeing towards Celcom employees at Celcom Southern Regional Office. The state of health wellbeing was assessed through various variables such as psychosocial work environment, physical workplace environment, work life balance and organizational culture. Demographic variables were also assessed to determine whether a relationship existed with health wellbeing. This research study is considered a quantitative research which used self-administered questionnaires as instruments to collect data. The data had been collected from 50 out of 52 respondents which was withdrawn from a total of 60 element population by using simple random sampling. The data collected is then evaluated by using Statistical Package for Social Science (SPSS) Version 23.0. Pearson correlation analysis, it was found that only two variables were found to have a significant relationship with health wellbeing which is physical workplace environment and organizational culture. The other two variables which are psychosocial work environment and work life balance had no significant relationship with health wellbeing. Multiple Regression analysis indicated that there is a significant relationship between organizational culture and health wellbeing. However, no significant relationship was found between psychosocial work environment, physical workplace environment and work life balance.