UNIVERSITI TEKNOLOGI MARA

PERCEIVED MOTIVATIONAL DOMAINS TOWARDS LEISURE PARTICIPATION AMONG YOUTH AND SPORTS OFFICERS AT THE MINISTRY OF YOUTH AND SPORTS

AZURA H.J. SARBIN

Dissertation submitted in partial in fulfillment of the requirements for the degree of **Master of Sports Science**

Faculty of Sport Science and Recreation

Motivational Towards Leisure Participation ii

Candidate's Declaration

I declare that the work in the dissertation was carried out in accordance with the regulations

of Universiti Teknologi MARA, Malaysia. It is original and is the result of my own work,

unless otherwise indicated or acknowledge as referenced work. This dissertation has not been

submitted to any other academic instituition or non-academic for any degree or qualification.

I. hereby, acknowledge that I have been supplied with the Academic Rules and Regulations

for Post Graduate, Universiti Teknologi MARA, regulating the conduct of my study and

research.

Name of Student : Azura Hj Sarbin

Candidate's ID No. : 2007240262

Programme : Master of Sports Science

Faculty : Faculty of Sports Science and Recreation

Dissertation Title : Perceived Motivational Domains Towards Leisure

Participation Among Youth And Sports Officers At The

Ministry Of Youth And Sports

Signature of Student:

Date

June 2012

Table of Contents

		Page
Affirmation		i
Candidate's	Declaration	ii
Acknowledg	gements	iii
Table of Cor	ntents	iv
List of Appe	endixs	vii
List of Table	es	viii
List of Figures		ix
Abstract		x
CHAPTER	1 - Introduction	
1.1	Introduction	1
1.2	Statement of the Problem	6
1.3	Research Objectives	7
1.4	Purpose of Study	7
1.5	Research Hypothesis	8
1.6	Significance of the Study	8
1.7	Delimitations of the Study	9
1.8	Limitations of the Study	9
1.9	Definition of Terms	10
	1.9.1 Leisure	10
	1.9.2 Leisure Activity	10
	1.9.3 Motivation	10
	1.9.4 Leisure Motivation	11
	1.9.5 Youth and Sports Officers	11
	1.9.6 Intellectual Domain	11
	1.9.7 Social Domain	12
	1.9.8 Competence - Mastery Domain	12
	1.9.9 Stimulus - Avoidance Domain	12

CHAPTER 2 - Literature Review

2.1	Introduction	13
2.2	Motivation	13
2.3	Leisure Motivation	15
2.4	Previous Findings on Leisure Motivation Domains	17
2.5	Leisure and Work Importance	18
CHAPTER	3 – Research Methodology	
3.1	Introduction	20
3.2	Research Design	20
3.3	Conceptual Framework	21
3.4	Sampling	22
3.5	Instrumentation	23
	3.5.1 Demographic Information	23
	3.5.2 Leisure Motivation Scale (LMS)	24
3.6	Validity and Reliability of Questionnaire	24
	3.6.1 Pilot Study	24
3.7	Data Collection Procedure	25
	3.7.1 Permission Letter	25
	3.7.2 Consent Letter	26
	3.7.3 Data Analysis Procedure	26
CHAPTER	R 4 - Results and Interpretations	
4.1	Statistical Assumption	28
	4.1.1 Homogeneity of Variance	28
	4.1.2 Normal Distribution	28
4.2	Descriptive Statistic on Demographic Profile	29
	4.2.1 Perceived Leisure Motivation	32

	4.2.2 Leisure Motivation Domains Scores	34		
	4.2.3 Leisure Motivation domains by Gender	35		
	4.2.4 Leisure Motivation Domains Score by Age Group	36		
4.3	Leisure Motivation Domains To Participate In Leisure Activities Among Sports Officers At The Ministry Of Youth And Sports Based On Gender	37		
4.4	Leisure Motivation Domains To Participate In Leisure Activities Among Youth And Sports Officers At The Ministry Of Youth And Sports Based On Age Group	37		
CHAPTER 5 - Discussion, Conclusion and Recommendations				
5.1	Discussion	40		
5.2	Conclusion	44		
5.3	Recommendations	46		
REFERENCES		47		