

**THE INFLUENCE OF OUTDOOR AND ENVIRONMENTAL
EDUCATIONAL PROGRAM TOWARD ENHANCING
LEADERSHIP SKILL AMONG PHYSICAL AND HEALTH EDUCATION
STUDENTS**

**NUR INTAN HAZIRAH BINTI HAMIDUN
2010404356**

**AN ACADEMIC EXERCISE SUBMITTED IN PARTIAL
FULFILLMENT FOR THE DEGREE OF BACHELOR OF
EDUCATION (Hons) PHYSICAL AND HEALTH EDUCATION**

**FACULTY OF EDUCATION
UNIVERSITI TEKNOLOGI MARA
SHAH ALAM
2014**

UNIVERSITI TEKNOLOGI MARA
FAKULTI PENDIDIKAN

THE INFLUENCE OF OUTDOOR AND
ENVIRONMENTAL EDUCATIONAL PROGRAM TOWARD
ENHANCING
LEADERSHIP SKILL AMONG PHYSICAL AND HEALTH EDUCATION
STUDENTS

NUR INTAN HAZIRAH BINTI HAMIDUN
2010404356

LATIHAN ILMIAHINI TELAH DIKEMUKAKAN UNTUK MEMENUHI
SEBAHAGIAN DARIPADA SYARAT UNTUK MEMPEROLEH IJAZAH
SARJANA MUDA DALAM PENDIDIKAN JASMANI DAN KESIHATAN

DR MAWARNI BINTI MOHAMED
(PENYELIA)

10/7/2014

TARIKH

PROF. DR. HAJI MOHD MUSTAFA B. MOHD GHAZALI
(DEKAN FAKULTI PENDIDIKAN)

10.7.2014

TARIKH

DECLARATION

“I hereby declare that the work of this exercise is mine except for the quotations and summaries that have been duly acknowledged”.

10/7/2014



DATE

NUR INTAN HAZIRAH BINTI HAMIDUN

2010404356

PENGAKUAN

“saya akui karya ini adalah hasil karya saya sendiri kecuali nukilan dan ringkasan yang setiap satunya telah saya nyatakan sumbernya”.

10/7/2014



TARIKH

NUR INTAN HAZIRAH BINTI HAMIDUN

2010404356

ABSTRACT

THE INFLUENCE OF OUTDOOR AND ENVIRONMENTAL EDUCATIONAL PROGRAM TOWARD ENHANCING LEADERSHIP SKILL AMONG PHYSICAL AND HEALTH EDUCATION STUDENTS

Outdoor education could be connected with practices that could enrich experience and positive attitudes towards developing healthy individuals, mentally, physically and spiritually in individuals. This study strives to identify the perception of Physical and Health Education students in the Faculty of Education; UiTM pertaining of how outdoor education brings positive effect in terms of enhancing leadership skill among students. The samples, consisting of 60 respondents were selected from the Faculty of Education, UiTM Shah Alam. The selection of the respondent was done using random sampling method. A set of 60 questionnaires were distributed to the respondent and data was analyzed manually. All the data was analyzed and interpreted by using the SPSS statistical analysis software for windows application (version 19.0). From the findings, it was found that respondent understand the mission of outdoor education program to build and maintain a social condition, disciplined, knowledge and enhancing leadership skill.

ABSTRAK

KESAN PENDIDIKAN LUAR TERHADAP PENCAPAIAN AKADEMIK MENERUSI PELAJAR PENDIDIKAN JASMANI DAN KESIHATAN

Pendidikan luar boleh digabung jalinkan dengan amalan yang boleh memperkayakan pengalaman dan memupuk nilai-nilai murni bagi melahirkan individu yang sihat dari segi mental, rohani dan jasmani dalam kalangan pelajar. Kajian ini meninjau persepsi pelajar-pelajar Pendidikan Jasmani dan Kesihatan di Fakulti Pendidikan, UiTM berkenaan bagaimana pendidikan luar member kesan yg positif dalam membentuk keupayaan memimpin. Sampel terdiri daripada 60 org responden dipilih dari program Ijazah Sarjana Muda Pendidikan Jasmani dan Kesihatan di Fakulti Pendidikan di UiTM Shah Alam. Pemilihan responden dilakukan menggunakan kaedah pemilihan sampel secara rawak. 60 borang kaji selidik diberi kepada responden-responden berkenan. Kesemua data yang dikumpulkan akan dianalisa dengan menggunakan program statistik SPSS untuk aplikasi windows (versi 19.0). Dapat disimpulkan daripada kajian ini bahawa kebanyakkan memahami sasaran aktiviti pendidikan luar untuk membangunkan dan mengimbangi kondisi social, disiplin, berpengetahuan dan membentuk keupayaan memimpin.