

**FACULTY OF EDUCATION  
UNIVERSITY TEKNOLOGI MARA  
SHAH ALAM  
2014**

**THE INFLUENCE OF HOSTEL LIFESTYLE IN SHAPING THE  
DICIPLINE OF THE STUDENTS OF SMK SEKSYEN 11  
SHAH ALAM SELANGOR**

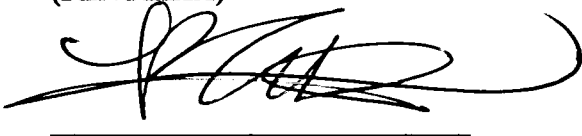
**MUHAMAD AZAMUDDIN BIN AHMAT MISKAM**

**LATIHAN ILMIAH INI TELAH DIKEMUKAKAN UNTUK MEMENUHI  
SEBAHAGIAN DARIPADA SYARAT UNTUK MEMPEROLEH IJAZAH SARJANA  
MUDA PENDIDIKAN JASMANI DAN KESIHATAN DENGAN KEPUJIAN.**



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## DECLARATION

**“I hereby declare that the work of this exercise is mine except for the quotations and summaries that have been duly acknowledged”**

10 JULAI 2014

DATE



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## PENGAKUAN

**“Saya akui karya ini adalah hasil karya saya sendiri kecuali nukilan dan ringkasan siap satunya saya telah saya nyatakan sumbernya”**

10 JULAI 2014

TARIKH



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*“In the name of Allah, the Most Gracious and Merciful”*

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## **ABSTRACT**

This research was conducted to evaluate the influence level of hostel lifestyle in developing student's discipline. The factors which influence student's discipline are peers, hostel's management and rule regulations, and hostel's activities. The research involved 40 form five students' at Sekolah Menengah Kebangsaan Seksyen 11, Shah Alam Selangor. A set of questionnaire was carried out to gain the information on the research topic. The data was analyzed by using "Statistical Package for the social Science Version 22.0. Descriptive quantitative analysis in a form of frequency and percentages is used in data analysis process. For the overall result the research shows that the influences level of peers and hostel's activities at the high level influence development student's discipline in hostel while the influences level of hostel's management and rule regulation at the moderate level.

## ABSTRAK

Kajian ini dilaksanakan bertujuan untuk menilai tahap pengaruh gaya hidup di asrama dalam membentuk disiplin pelajar Sekolah Menengah Kebangsaan Seksyen 11, Shah Alam Selangor. Terdapat tiga pengaruh yang dinilai iaitu pengaruh rakan sebaya, pihak pengurusan dan peraturan asrama serta pengaruh aktiviti – aktiviti asrama. Seramai 40 orang pelajar asrama tingkatan 5 telah terlibat dalam kajian ini. Dapatan kajian dianalisis dengan menggunakan perisian “*Statistical Package for the Social Science Version 22.0 (SPSS)*.” Analisis kuantitatif secara deskriptif dalam bentuk frekuensi, peratus data telah digunakan dalam tatacara penganalisan data. Secara keseluruhannya, hasil kajian menunjukkan bahawa tahap pengaruh rakan sebaya dan aktiviti aktiviti asrama berada pada tahap tinggi dalam mempengaruhi pembentukan disiplin pelajar asrama manakala tahap pengaruh pihak pengurusan dan peraturan asrama pula berada ditahap sederhana.