

**UNIVERSITI TEKNOLOGI MARA**

**OUTDOOR EDUCATION PROGRAM  
PARTICIPATION ON UiTM  
STUDENTS' LEADERSHIP  
PRACTICES**

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Dissertation submitted in partial fulfillment of the  
requirements for the degree of  
**Master of Education**  
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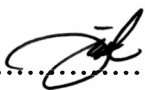
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## **AUTHOR'S DECLARATION**

I declare that the work in this dissertation was carried out in accordance with the regulations of University Teknologi MARA. It is original and is the result of my own work, unless otherwise indicate or acknowledge as referenced work. This dissertation has not been submitted to any other academic institution or non-academic institution for any degree or qualification.

I, hereby, acknowledge that I have been supplied with the Academic Rules and Regulations for Post Graduate, University Teknologi MARA, regulating the conduct of my study and research.

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## **ABSTRACT**

The phenomenon of unemployment due to lack of communication and leadership skills has become one of the main issues among graduates in Malaysia. The rapid changes of knowledge and technology require students to equip themselves with extra skills needed by global workplace to demonstrate the combination of soft skills together with a good degree. Thus, higher education is working harder to make sure the students are equipped with leadership skill. However, there are lacking of information, assessment and unclear program contents that can bring positive outcome toward the development of leadership skill. This study aims to examine an outdoor education program as one of the useful programs that higher education could use to identify the leadership practices among the students. It is done by comparing students who have participated in outdoor education program and those who did not participate using convenience sampling. A total of 106 students from the Faculty of Sport Science and Recreation UiTM were involved in this study. The data was collected by using Students Leadership Practices Inventory questionnaire to measure five leadership practices namely as 'Model the Way', 'Inspire a Shared Vision', 'Challenge the Process', 'Enable Others to Act' and 'Encourage the Heart'. Independent sample t-test was used in order to identify a significant difference of five leadership practices between the two groups of students. The results showed that there were significant differences in all five leadership practices among the students who have participated in outdoor education program. Finally, this study has proposed that outdoor education program is one of the effective activities that could be offered to all students by higher education to equip them with leadership skills required for future employability.

## ABSTRAK

Fenomena pengangguran kerana kekurangan kemahiran komunikasi dan kepimpinan telah menjadi salah satu isu utama di kalangan graduan di Malaysia. Perubahan pesat ilmu pengetahuan dan teknologi memerlukan pelajar untuk melengkapkan diri mereka dengan kemahiran tambahan yang diperlukan oleh tempat kerja untuk menunjukkan gabungan kemahiran insaniah seiring dengan ijazah mereka. Oleh itu, pihak kementerian pendidikan tinggi sedang berusaha keras untuk memastikan pelajar dilengkapi dengan kemahiran kepimpinan. Walau bagaimanapun, terdapat kekurangan maklumat, penilaian dan kandungan program yang tidak jelas yang boleh membawa hasil positif ke arah pembangunan kemahiran kepimpinan. Kajian ini bertujuan untuk mengkaji program pendidikan luar sebagai salah satu daripada program berguna yang boleh digunakan untuk mengenal pasti amalan kemahiran kepimpinan di kalangan pelajar. Kajian ini dilakukan dengan membandingkan pelajar yang telah mengambil bahagian dalam program pendidikan luar dan mereka yang tidak mengambil bahagian menggunakan persampelan mudah. Seramai 106 pelajar dari Fakulti Sains Sukan dan Rekreasi UiTM terlibat dalam kajian ini. Data dikumpul dengan menggunakan soal selidik 'Inventori Amalan Kepimpinan Pelajar' untuk mengukur lima amalan kepimpinan iaitu 'Model the Way', 'Inspire a Shared Vision', 'Challenge the Process', 'Enable Others to Act' and 'Encourage the Heart'. Sampel ujian-t digunakan untuk mengenal pasti perbezaan yang signifikan lima amalan kepimpinan antara kedua-dua kumpulan pelajar. Hasil kajian menunjukkan bahawa terdapat perbezaan yang signifikan dalam kesemua lima amalan kepimpinan di kalangan pelajar-pelajar yang telah mengambil bahagian dalam program pendidikan luar. Akhir sekali, kajian ini telah mencadangkan bahawa program pendidikan luar adalah salah satu aktiviti yang berkesan yang boleh ditawarkan kepada semua pelajar bagi melengkapkan mereka dengan kemahiran kepimpinan yang diperlukan untuk pekerjaan masa hadapan.

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