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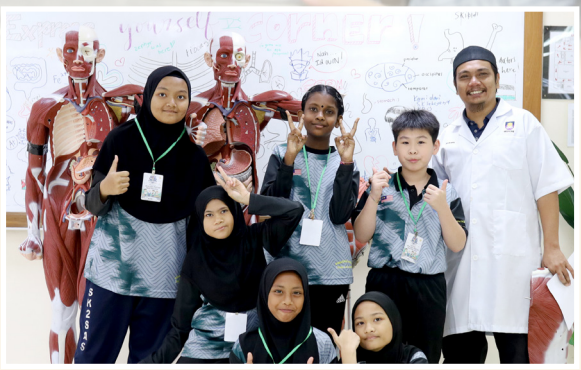
MED BULL'

FACULTY OF MEDICINE UiTM

INSPIRING CURIOSITY THROUGH ANATOMY









Through the Medical Lens

FlexMinda: Can AI change the way we deliver mental healthcare?



UiTM strengthens autism support through community engagement



Department of Ophthalmology champions eye health at L'OCCITANE Malaysia's 7th Race for Vision



Advancing forensic entomology from Malaysia To London

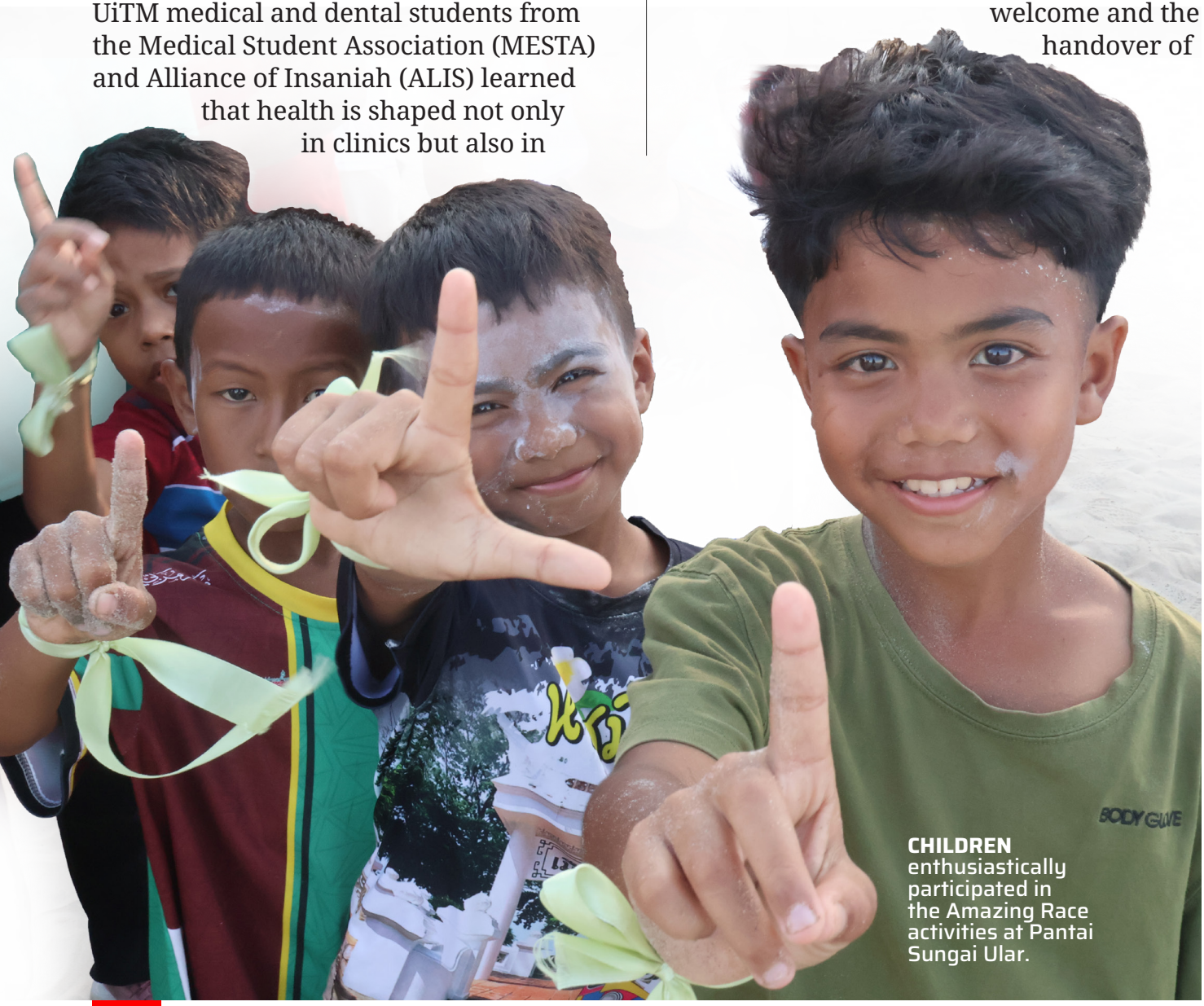
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Dr. Muhammad Fairuz Azmi, Dr. Wan Mohamad Hafiz Wan Razali, Nur E'zatty Zazaly, Muhammad Alif Heikal Mohd Khairulnidzam, Nik Mohamad Shakir Nik Yusof, Adeeba Farhani Zulkarna'in, Hur 'Ein Humayra' Azizi, Salma Auni Masturah Sahrudin, Mashitah Marzukhe, Muhammad Aziizil Aliim Ahmad Suhani & Zulfa Kamalia Azamuddin

BEYOND THE WHITE COAT: LESSONS FROM KAMPUNG SUNGAI ULAR

For three days, Kampung Sungai Ular became more than the venue for BAKSIS 2026: Memori Emas. It became a living classroom where 60 UiTM medical and dental students from the Medical Student Association (MESTA) and Alliance of Insaniah (ALIS) learned that health is shaped not only in clinics but also in homes, relationships, culture, and the environment.

Held from 19 to 21 June 2026, the annual programme began with a warm welcome and the handover of



CHILDREN enthusiastically participated in the Amazing Race activities at Pantai Sungai Ular.

students to 30 host families. Sharing the rhythms of village life gave participants something lectures cannot fully reproduce: a close view of the everyday realities, values and resources that influence how people understand health and seek care.

The second day shifted from observation to action. At the *Jom Sihat Sokmo!!* Health Carnival, students and partner agencies including the District Police Headquarters (IPD) and District Health Office (PKD), offered health screening and education on non-communicable diseases, women's health, mental health, and smoking and vaping prevention. Later, the Amazing Race and a beachside barbecue dissolved formal boundaries as villagers, children and students played and ate together.

As night fell, Malam Citra Budaya transformed the beachfront into a celebration of living heritage. *Silat, dikir barat,* nostalgic songs, student performances and traditional attire brought generations together. More than cultural additions, these activities strengthened community connections, nurtured a sense of identity and belonging, and encouraged appreciation and preservation of cultural traditions for future generations[1].



UiTM medical students shared a cheerful moment with local children during the Amazing Race at Pantai Sungai Ular.

Through MESTACare, students visited residents in need of support, conducted basic health assessments, and made essential contributions. Others cleaned the village mosque and created the MESTA x ALIS Garden before reuniting with their host families for the closing ceremony. These encounters placed a human story behind every measurement and

reminded students that listening is itself a clinical skill.

This is why community service matters in medical education. A recent systematic review found that community-engaged education can deepen students' understanding of community needs and social determinants of health while improving empathy, cultural sensitivity and commitment to social accountability[2]. BAKSIS also broadened the meaning of care. Planting and tending greenery encouraged



DR. WAN MOHAMMAD HAFIZ WAN RAZALI presented the prize to the winner of the traditional costume competition during Malam Citra Budaya.



A captivating silat performance showcased the richness of Malay martial arts during Malam Citra Budaya.

stewardship of the natural world, while the coastal setting highlighted the relationship between healthy environments and healthy communities. Exposure to natural spaces can improve mood, reduce stress, encourage social interaction, and provide opportunities for physical activity[3,4].

The programme has received strong media coverage, with reports published in both *The Borneo Post* and *Utusan Borneo*[5]. This publicity extended BAKSIS 2026's reach beyond Kampung Sungai Ular and highlighted UiTM medical students' contributions to community health, cultural appreciation and environmental stewardship.

BAKSIS 2026 demonstrated that becoming a doctor is not only about mastering disease. It is also about entering a community with humility, serving with competence, and leaving with a deeper respect for people, heritage and place.



THROUGH MESTACare, BAKSIS participants visited unwell villagers at their homes to provide basic health assessments, support and essential contributions.

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