No. 3 / 2026

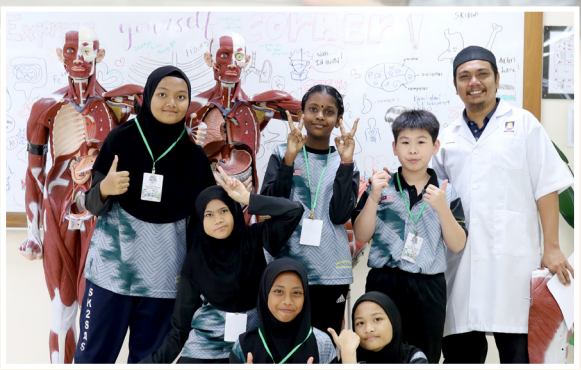
MED BULL'

FACULTY OF MEDICINE UiTM

INSPIRING CURIOSITY THROUGH ANATOMY









Through the Medical Lens

FlexMinda: Can AI change the way we deliver mental healthcare?



UiTM strengthens autism support through community engagement

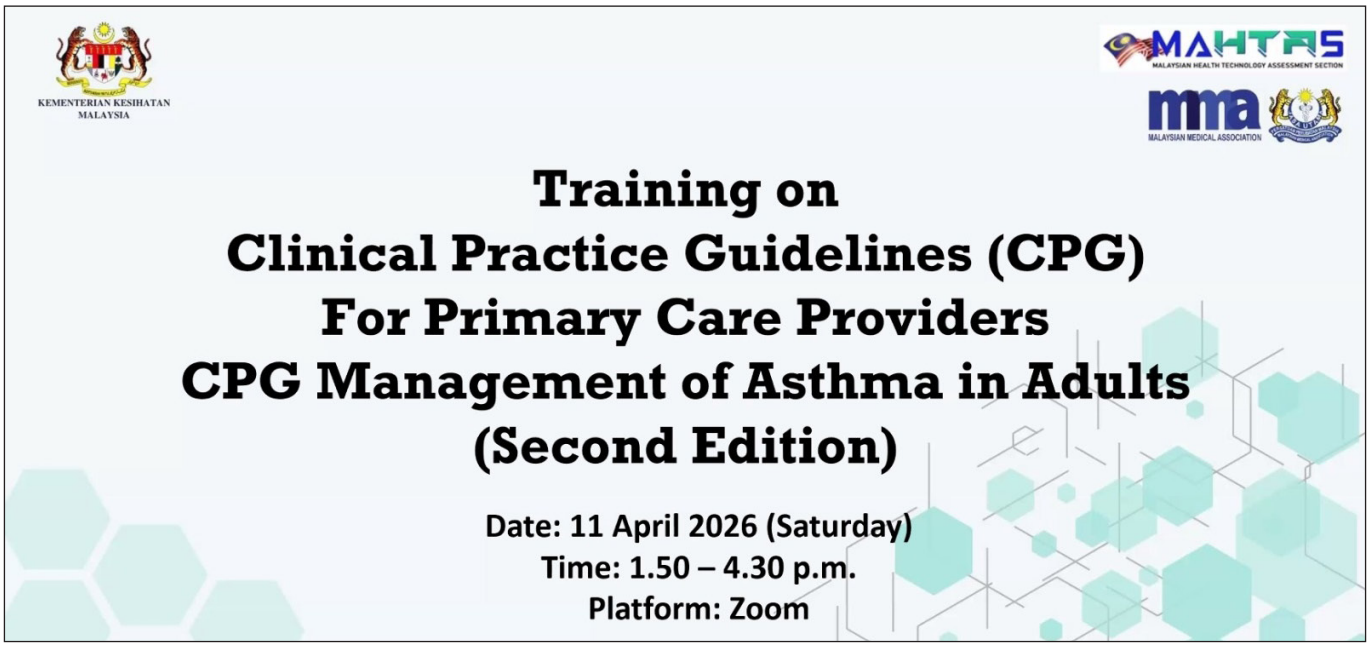


Department of Ophthalmology champions eye health at L'OCCITANE Malaysia's 7th Race for Vision



Advancing forensic entomology from Malaysia To London

eISSN 2805-4628



THE webinar page on the Training of Clinical Practice Guidelines (CPG) for Primary Care Providers, CPG Management of Asthma in Adults (2nd Edition).

TRAINING ON CLINICAL PRACTICE GUIDELINES FOR PRIMARY CARE PROVIDERS CPG MANAGEMENT OF ASTHMA IN ADULTS (2nd EDITION)

Dr. Mazapuspavina Md Yasin

The Private Practitioners Section (PPS), Malaysian Medical Association (MMA), in collaboration with the Clinical Practice Guidelines (CPG) Unit, Malaysian Health Technology Assessment Section (MaHTAS), Ministry of Health (MOH), organised the Training on Clinical Practice Guidelines for Primary Care Providers (PCP): CPG Management of Asthma in Adults (Second Edition) on 11 April 2026.

The virtual training drew more than 700 healthcare professionals nationwide, with 509 registered participants attending via Zoom and nearly 200 additional viewers tuning in through Facebook Live1. The session provided primary care providers with an update on the latest recommendations for adult asthma management, supporting the application of evidence-based guidance in routine clinical practice.

The webinar commenced with welcoming remarks by Dr Tuan Zamani Amir bin Tuan Zakaria, who is the Honorary Secretary of the PPS on behalf of Dr. Eratha Krishnan Gobinadan, Chairman of the PPS MMA, together with Dr. Karen Sharmini Sandanasamy, Head of the

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CPG Unit, Ministry of Health Malaysia. Both speakers highlighted the crucial role of primary care providers in improving asthma outcomes through early diagnosis, evidence-based treatment and patient-centred care.

The scientific programme featured a distinguished panel of multidisciplinary speakers from leading healthcare institutions across Malaysia. Dr. Mazapuspavina Md Yasin, Consultant Family Medicine Specialist from the Department of Primary Care Medicine, Faculty of Medicine, Universiti Teknologi MARA (UiTM), opened the lecture series with an overview of Asthma Basics, Risk Factors and Diagnosis in Primary Care. This was followed by Dr. Nor Azila Mohd Isa, a Consultant

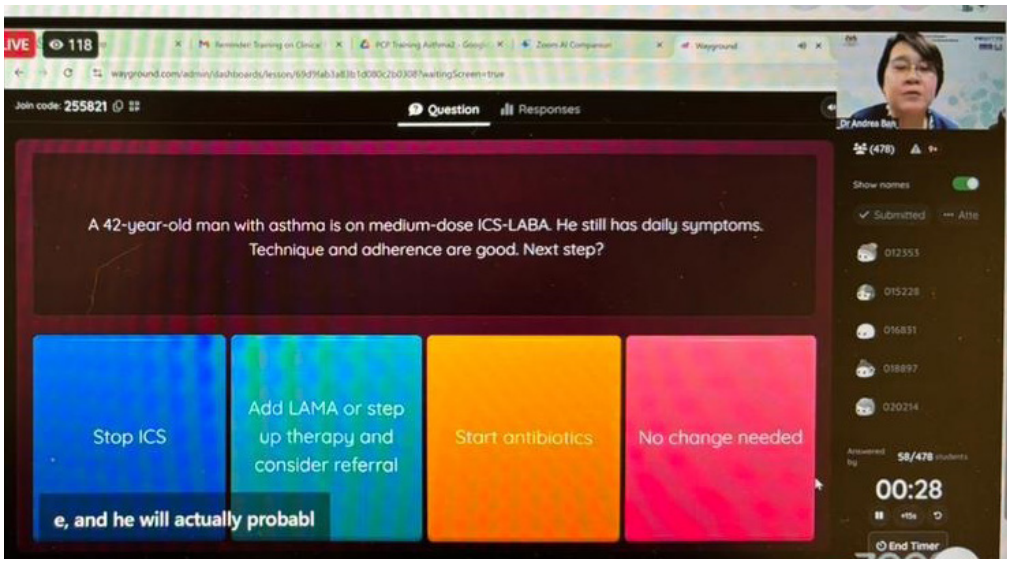


QUIZ session with Assoc. Prof. Dr. Andrea and the top three winners.

Family Medicine Specialist from Klinik Kesihatan Presint 9 Putrajaya, who discussed Stable Asthma Management in Primary Care: Beyond SABA-Only Treatment, emphasising current evidence supporting inhaled corticosteroid-containing therapies.

The programme featured sessions by Dr. Nida' Ul-Huda Adznan, Acute Internal Medicine Physician, Hospital Selayang, on the management of acute asthma exacerbations and appropriate referral pathways. Ms. Chong Li Yin, Pharmacist, Hospital Sultan Idris Shah, Serdang, focused on patient education and self-management strategies to support long-term asthma control. Ms. Chong also shared a YouTube2 video demonstrating the correct steps, do's and don'ts for using different types of inhalers and spacers.





SPEAKERS and panellists of the webinar.

The programme concluded with a case-based discussion led by Associate Professor Dr. Andrea Ban Yu-Lin, Consultant Pulmonologist, Faculty of Medicine, HCTM, UKM, where participants applied the updated CPG recommendations to a range of clinical scenarios.

The webinar incorporated an online knowledge assessment through Quizizz and interactive

discussions via the chat platform, allowing participants to engage directly with the panellists throughout the session. Selected clinically relevant and frequently raised questions were addressed during the live Question-and-Answer session. Participants who met the organiser's attendance verification requirements were eligible for Continuing Professional Development (CPD) points, while the top three performers in the knowledge assessment received prizes sponsored by PPS, MMA.

Participants were also encouraged to refer to the updated Clinical Practice Guidelines: Management of Asthma in Adults (Second Edition) as a practical reference for evidence-based asthma management in primary care. The guideline is available through the Ministry of Health Malaysia and Academy of Medicine of Malaysia websites[3], [4].

References:

1. https://www.facebook.com/photo/?fbid=1347799144049789&set=a.225739326255782
2. https://www.youtube.com/playlist?list=PLy7aOs6nid_W_Adqb_L_bDVJEulB7FGDr
3. https://www.moh.gov.my/penerbitan-dan-laporan/dasar-akta-polisi-garis-panduan/penerbitan-klinikal/senarai-penerbitan-klinikal/panduan-amalan-klinikal-cpg?highlight=WyJjbGluaWNhbCIsInByYWN0aWNlIiwiZ3VpZGVsaW5lIl0=
4. https://www.acadmed.org.my/index.cfm?&menuid=67



MOMENTS from the closing ceremony.