

When a school and university unite with a shared purpose, learning can inspire meaningful change. SK Tok Muda and the Faculty of Pharmacy, Universiti Teknologi MARA (UiTM), joined forces for a three-phase programme on pharmacy, health and responsible medicine use. Headed by Associate Professor Dr Aisyah Hasyila Jahidin, the initiative transformed classrooms into lively spaces where knowledge became a tool for community service.

The journey began on 16 July 2026, when Year 4 to Year 6 pupils explored science, pharmacy and safe medicine use through demonstrations and hands-on activities. They learned that choosing the right person, medicine, dose, method and timing can help protect not only themselves, but also their families and neighbours.

Bijak Ubat, Komuniti Sihat!

On 27 August, the members of 'Kelab Doktor Muda' took the next step by training as Ambassadors of 'Celik Ubat' through a training-of-trainers module. They built confidence, sharpened their communication skills, designed Canva posters on the 5B concepts of medicine use and prepared to guide learning stations. The three best posters were displayed in nine classrooms, extending practical health messages across the school.

The programme culminated on 17 September, when pupils from Years 1 to 3 explored eight interactive stations led by their peer ambassadors. Activities on hazard symbols, the microscopic world, the heartbeat and the brain made science exciting and memorable. A lively sketch on selecting health products safely reinforced a simple message: think, check and choose wisely.



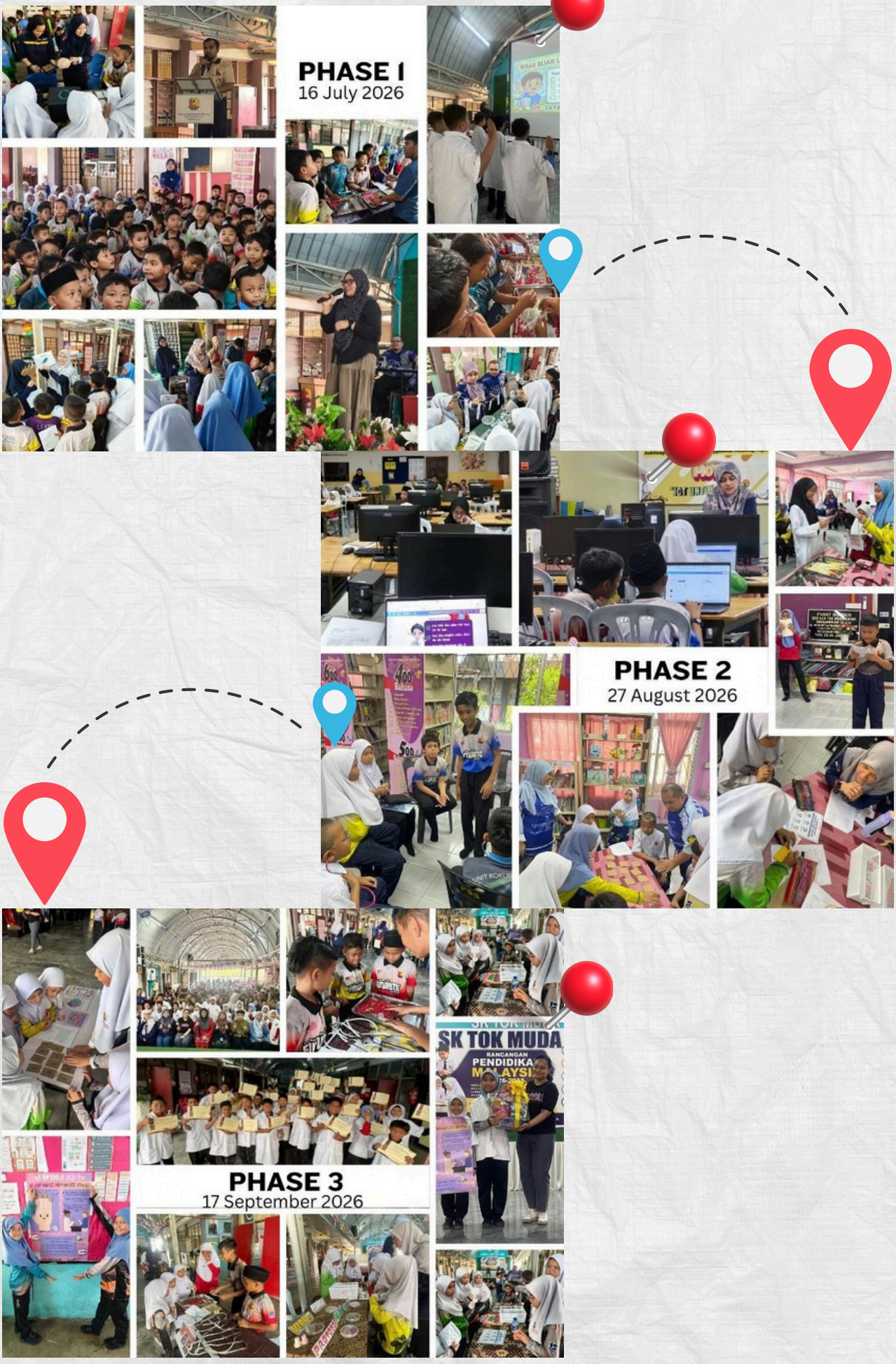
The 'Konsep 5B': Right person, right medicine, right dose, right method, right time.



Congratulations to all poster winners; Izz Zara Raisha & Kayla Sufina (1st), Puteri Zahra Safiyya & Nur Qadeeja (2nd), Irfan Ziqri & Meor Muhammad Anas (3rd)!

The real impact began when pupils carried the message home, sharing safer medicine habits with parents, siblings and neighbours, thereby proving that a child's voice can spark healthier choices across an entire community.

More than a school programme, this collaboration demonstrated the power of community work. Older pupils became educators, younger pupils gained relatable role models and teachers received resources to continue medicine-literacy efforts. With certificates awarded, winning posters displayed and a 'Sudut Celik Ubat' established, the SK Tok Muda–UiTM partnership leaves a lasting lesson: when people share their knowledge and skills, even small actions can help build a healthier, safer and better-informed community. **Bijak Ubat, Komuniti Sihat!**


PHASE 1
16 July 2026
PHASE 2
27 August 2026
PHASE 3
17 September 2026
SK TOK MUDA
RANCANGAN
PENDIDIKA