

UNIVERSITI TEKNOLOGI MARA

THE RELATIONSHIP BETWEEN INSTRINSIC MOTIVATION AND PHYSICAL
ACTIVITIES AMONG STUDENTS IN THE FACULTY OF EDUCATION, SEKSYEN
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FACULTY OF EDUCATION

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TABLE OF CONTENT

| CONT PAGE | | | |
|-----------------|-------|--|----|
| Declara | ation | | i |
| Acknowledgement | | | |
| Abstra | k | | iv |
| Abstra | ct | | v |
| СНАР | TER 1 | | |
| INTRO | ODUC' | ΓΙΟΝ | |
| | 1.0 | Introduction | 1 |
| | 1.1 | Background of the study | 4 |
| | 1.2 | Problem statement | 5 |
| | 1.3 | Research objective | 6 |
| | 1.4 | Research question | 6 |
| | 1.5 | limitation and delimitation of the study | 7 |
| | 1.6 | Significant of the study | 8 |
| | 1.7 | Definition of term | 10 |
| | | | |
| | | | |
| СНАР | TER 2 | | |
| LITE | RATUF | RE REVIEW | |
| | 2.0 | Introduction | 11 |

| | 2.1 | Physical Activity | 13 | | | |
|----------------------|-----|--|----|--|--|--|
| | 2.2 | Motivation | 15 | | | |
| | 2.3 | Relationship between intrinsic motivations | | | | |
| | | and level of physical activity | 17 | | | |
| | | | | | | |
| | 2.4 | Theory | 21 | | | |
| | 2.5 | Related Research | 34 | | | |
| | 2.6 | Conclusion | 34 | | | |
| | | | | | | |
| CHAPTER 3 | | | | | | |
| RESEARCH METHODOLOGY | | | | | | |
| | | | | | | |
| | 3.0 | Introduction | 35 | | | |
| | 3.1 | Research Design | 35 | | | |
| | 3.2 | Sampling | 36 | | | |
| | 3.3 | Instrument | 37 | | | |
| | 3.4 | Data Collection Procedures | 38 | | | |
| | 3.5 | Data Analysis Procedures | 38 | | | |
| | 3.6 | Conclusion | 39 | | | |

CHAPTER 4

DATA ANALYSIS AND FINDINGS

ABSTRACT

This study is carried out to determine and investigate the factors between intrinsic Motivation that influence UiTM students in sport participation. There were 140 respondents involve in this study; they came from faculty of education UiTM Shah Alam. Questionnaires were administered randomly in order to obtain information and responses regarding their intrinsic motivation factors. The data collected via the questionnaire was calculated by using SPSS and the findings were tabulated, and then presented in an orderly and easy-to-read manner. The findings ofthis study hold the most factors of intrinsic motivation that influence people to participate in sport activities.