

Pharmily

DAY

2026

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Jahidin

01

**Sekretariat
Mahasiswa
Fakulti Farmasi
(SMF)**

02

**Majlis
Perwakilan
Pelajar (MPP)**

03

**Society of
Pharmacy
Students
(SOPHYS)**

On 25th April 2026, a major collaborative initiative was successfully launched, spearheaded by three student organisations under the Faculty of Pharmacy: Majlis Perwakilan Pelajar (MPP), Sekretariat Mahasiswa Fakulti Farmasi (SMF), and the Society of Pharmacy Students (SOPHYS). This joint-effort programme, titled Pharmily Day, was specifically designed as a unifying platform to promote cohesion across all internal bodies. Beyond unity, the event encouraged creativity, healthy sportsmanship, and a profound sense of belonging within the wider faculty community.

The day's itinerary was packed with interactive events, commencing with a *Senamrobik* and an Ice-breaking session. These initial activities were carefully planned to foster mutual understanding and cooperation among participants from the outset. Following these, the schedule included *Radio Karat*, *Baling Selipar*, and the Pharm Challenge. These segments focused on improving interpersonal communication, strengthening team dynamics, and testing pharmaceutical knowledge through collaborative problem-solving.

Activities

Senamrobik ● Radio karat ● Baling selipar ● Pharm challenge



Ultimately, the success of Pharmily Day is reflected in its ability to instill deeper personal connections and a stronger sense of camaraderie through these intensive shared experiences. By fostering closer cooperation between student bodies, the programme cultivated a spirit of healthy competition while showcasing strong leadership, individual creativity, and exemplary sportsmanship. Above all, this initiative seeks to establish a more inclusive, supportive, and vibrant atmosphere within the Faculty of Pharmacy, ensuring lasting memories that enhance the unity of the faculty community.

After the midday break, the programme resumed with high-energy activities like Bombastic!, the Blindfold Obstacle Walk, and Capture the Flag. These exercises were designed to build mutual trust, refine communication strategies, and encourage critical thinking under pressure. The event concluded with Letters to My Pharmily, a contemplative session aimed at reinforcing community bonds and providing mutual support.



Unity and Excellence



Bonding Through Action

Trust, Teamwork & Togetherness

