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UNIVERSITI
TEKNOLOGI
MARA

IMED BULL'

FACULTY OF MEDICINE UTM



TRAUMAX 2026: UⁱTM EMERGES CHAMPION



Through the
Medical
Lens

**BREAKING
SILOS: WHY HIV
PREVENTION
IS EVERYONE'S
RESPONSIBILITY**

**EMPOWERING
THE EDUCATORS
OF TOMORROW: A
PRACTICAL GEMINI &
NOTEBOOKLM SKILLS
WORKSHOP**

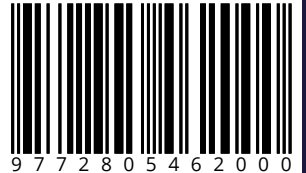


**UNVRAB-UⁱTM INBOUND
PROGRAMME: ACADEMIC EXCHANGE
AND STUDENT EXPERIENCE**



**SIALENDOSCOPY: TOWARDS
ORGAN PRESERVATION SURGERY**

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CARING FOR OUR HEROES: ENT HEALTH SCREENING IN CONJUNCTION WITH 219TH POLICE DAY CELEBRATION (2026)



DR. MOHAMMAD NASYATMUDDIN delivering a talk on Obstructive Sleep Apnea.

Assoc. Prof. Dr. Norazila Abdul Rahim, Dr. Intan Kartika Kamarudin, Dr. Mohammad Nasyatmuddin Yahya, Dr. Ainun Munirah Zulkifli Muhammad Raziin Zainal Abidin, Dr. Zainol Izzuddin Zulkifli & Dr. Ilmi Akmaludin Mohamad

As part of an effort to strengthen health awareness and promote preventive care, the Department of ORL-HNS, Hospital Al-Sultan Abdullah (HASA) and Faculty of Medicine, UiTM, under the KRIS HASA Programme, carried out a community outreach project in conjunction with the 219th Police Day Celebration (2026). The

programme was aimed at educating police officers from the Royal Malaysia Police on common Ear, Nose, and Throat (ENT) conditions.

The event was held at the IPD Sungai Buloh on 4 April 2026, focusing on two key areas: Sleep Apnea and Hearing screening. These conditions were selected due to their high prevalence



THE programme was officially officiated by Y.B. Tuan Muhammad Izuan Ahmad Kasim, in the presence of the Y.Brs. Tuan Aizuddin Abd Gaffal, Political Secretary to the Minister of Human Resources, Sungai Buloh District Police Chief, Superintendent Mohd Hafiz Muhammad Nor, and the Deputy Clinical Director (Surgical), Dr. Shah Jumaat Mohd Yussof.

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The event was held at the IPD Sungai Buloh on 4 April 2026, focusing on two key areas: Sleep Apnea and Hearing screening. These conditions were selected due to their high prevalence and potential impact on occupational performance, safety, and overall quality of life.

symptoms, understand risk factors, and seek timely intervention. The programme was led by Dr. Norazila Abdul Rahim, together with a dedicated team of specialists and allied health professionals from HASA UiTM, who organised an interactive and engaging health screening session.

An educational talk on Sleep Apnea was delivered by Dr. Nasyatmuddin, highlighting its clinical features, associated risks, and management strategies. Emphasis was

and potential impact on occupational performance, safety, and overall quality of life.

The primary objective

of the programme was to equip police personnel with essential knowledge and practical tools to identify early

placed on the importance of early detection and intervention in reducing long-term complications. The session was highly interactive, with participants actively engaging in discussions, raising relevant questions, and sharing personal experiences related to sleep and fatigue.

In addition to the

educational component, several practical screening activities were conducted to reinforce learning and facilitate early detection of ENT-related conditions. Hearing assessments were carried out, allowing participants to evaluate their auditory function and identify potential deficits requiring further evaluation. A validated

sleep-related questionnaire was also administered to assess sleep quality and screen for possible indicators of sleep apnea. Furthermore, basic ENT examinations were performed to provide a general overview of participants ENT health status.

Feedback from the organisers and participants



BASIC ENT and hearing screenings were performed by a dedicated ENT team.



DEPARTMENT ORL HNS at 219th Police Day Celebration (2026) at IPD Sungai Buloh.

was overwhelmingly positive. Many expressed appreciations for the opportunity to gain deeper insights into these important health issues and felt empowered to take proactive steps towards improving their health and well-being.

The initiative successfully fostered awareness while strengthening the connection between healthcare providers and the community.

This community service effort underscores the vital role of healthcare professionals in promoting

preventive medicine and public health education. By reaching out to those who serve and protect the nation, this initiative also serves as a gesture of appreciation for their dedication and sacrifices. Thank you, Malaysia's heroes.