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UNIVERSITI
TEKNOLOGI
MARA

IMED BULL'

FACULTY OF MEDICINE UTM



TRAUMAX 2026: UⁱTM EMERGES CHAMPION



Through the
Medical
Lens

**BREAKING
SILOS: WHY HIV
PREVENTION
IS EVERYONE'S
RESPONSIBILITY**

**EMPOWERING
THE EDUCATORS
OF TOMORROW: A
PRACTICAL GEMINI &
NOTEBOOKLM SKILLS
WORKSHOP**

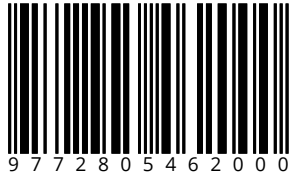


**UNVRAB-UⁱTM INBOUND
PROGRAMME: ACADEMIC EXCHANGE
AND STUDENT EXPERIENCE**



**SIALENDOSCOPY: TOWARDS
ORGAN PRESERVATION SURGERY**

eISSN 2805-4628



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Zulkifli & Ms. Hani
Madihah Bahari

The *World Voice Week 2026* programme was organised by the Department of Otorhinolaryngology–Head & Neck Surgery (ORL-HNS), Hospital Al-Sultan Abdullah (HASA), in collaboration with the Faculty of Medicine, Universiti Teknologi MARA (UiTM), and the Speech Therapy Unit, Department of Rehabilitation Medicine. The programme was held from 13 to 17 April 2026 in conjunction with World Voice Day 2026, with activities conducted at the ORL-HNS Specialist Clinic, Level 2, HASA UiTM.

The primary objective of this programme was to increase awareness and knowledge among healthcare staffs regarding voice health, voice disorders, and their management. Voice is an essential tool for communication, yet voice-related problems are often overlooked until they significantly affect quality of life. Through this initiative, participants were exposed to key aspects of voice care, including the physiology of voice production, common voice disorders, preventive



ASSOC. PROF. DR. NORAZILA ABDUL RAHIM performing flexible nasoendoscopy to examine the larynx.

CARING FOR OUR VOICES: PROMOTING VOCAL HEALTH THROUGH SCREENING AND AWARENESS IN CONJUNCTION WITH WORLD VOICE DAY 2026

strategies, and available treatment options.

A total of 20 staff

members from HASA and the Faculty of Medicine UiTM participated in



SOME of the HASA staffs involve in voice screening.

the programme. The programme was conducted in small-group sessions across five days, allowing for more personalised

interaction. Activities included educational briefings, poster exhibitions, and voice screening sessions. The

poster exhibition covered important topics such as vocal hygiene, voice care, benign vocal cord lesions, and laryngeal

cancer, serving as an effective visual learning tool.

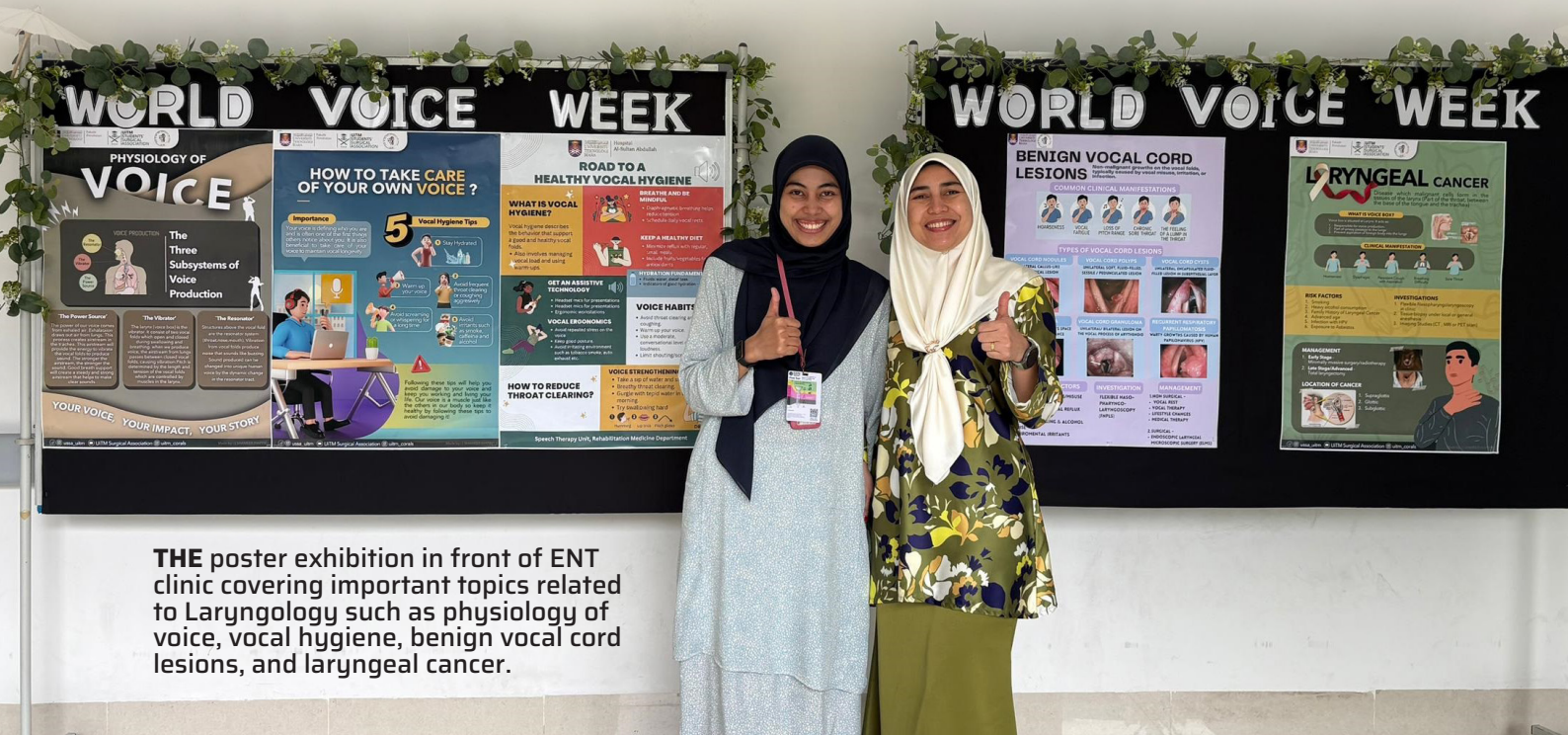
One of the highlights of the programme was the voice

screening session, which provided participants with the opportunity to undergo a basic voice assessment. This included perceptual voice evaluation and laryngeal examination using flexible nasoendoscopy. These screenings were conducted by ENT specialist Assoc. Prof. Dr. Norazila Abdul Rahim and speech therapist Puan Hani Madihah Bahari, allowing early identification of potential voice disorders and appropriate referral for further management. The involvement of the Speech Therapy Unit also emphasised the multidisciplinary approach in managing voice disorders.

In addition to enhancing knowledge, the programme served as a platform to promote the clinical services offered by the Department of ORL-HNS and

Speech Therapy Unit at HASA UiTM. It also encouraged greater engagement and collaboration among staff across different departments, fostering a stronger sense of teamwork and professional networking within UiTM.

In conclusion, the World Voice Week 2026 programme successfully raised awareness on voice health, promoted early detection of voice disorders, and strengthened multidisciplinary collaboration. The positive participation and engagement reflect the growing recognition of voice health as an important component of overall well-being. It is hoped that similar initiatives will continue in the future to further enhance awareness and encourage proactive voice care among healthcare professionals.



THE poster exhibition in front of ENT clinic covering important topics related to Laryngology such as physiology of voice, vocal hygiene, benign vocal cord lesions, and laryngeal cancer.