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UiTM Nursing Outreach Brings Joy and Connection to Elderly Residents in Kepala Batas

## SINERGI

20/11/2025 / NORSURAYA HASSAN



**Kepala Batas, Pulau Pinang, 16 November 2025** — The Penang Nursing Student Association (PeNSA), in collaboration with the Nursing Programme, successfully conducted the **Nursing Outreach: Nurses with Heart, Elders in Care** at Pusat Jagaan Damai Permai. The programme brought together 38 Diploma students from Nursing, Physiotherapy, and Medical Laboratory Technology, supported by three Clinical Instructors and three lecturers from UiTM.

This initiative was designed to strengthen students' leadership abilities, communication skills and teamwork while promoting cooperation, tolerance and volunteerism through hands-on community engagement. The programme also offered students meaningful exposure to geriatric care, allowing them to better understand the emotional and social needs of elderly residents.



Throughout the half-day event, participants led light exercise activities to promote mobility and physical wellness among the residents, followed by simple health education sessions focusing on daily self-care and healthy lifestyle practices. Students also worked alongside caregivers during a *gotong-royong* session to help clean and brighten the home's surroundings, reinforcing the spirit of teamwork and service.

The atmosphere grew lively during a series of mini games, where students and residents interacted through fun and stimulating activities that encouraged social connection. The programme concluded with a heartfelt birthday celebration honouring all elderly residents' birthdays throughout the year, bringing smiles and creating memorable moments for both participants and the seniors.

Overall, the outreach succeeded in providing emotional support, companionship and joy to the elderly community, while enriching students with valuable real-life experience in compassionate care. The initiative reflects UiTM's ongoing commitment to developing well-rounded, empathetic and community-centred healthcare professionals.



Tags: [Fakulti Sains Kesihatan \(FSK\)](#), [UiTM Cawangan Pulau Pinang Kampus Bertam](#), [Universiti Teknologi MARA \(UiTM\)](#)

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