

# PHARMACARE

FROM THEORY TO PRACTICE:

## HIGHLIGHTS FROM PHARMACARE 2026

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### Honoring Strength, Inspiring Change

Pharmacare 2026, organised by the Society of Pharmacy Students (SOPHYS) was designed to provide a platform for students enrolled in the Community Pharmacy (PHC670) course to gain hands-on experience through social service and volunteerism. The initiative enabled participants to apply theoretical knowledge and professional skills in a real-world community setting while fostering empathy and a strong sense of professional responsibility.



### Student-Led Health Initiative

The programme was held on 12 and 13 January 2026 at Plaza Satellite B, UiTM Puncak Alam, involving 170 final-year students divided into 17 groups. The students organised interactive health information booths targeting the UiTM Puncak Alam community. Eight booths were operated on the first day, followed by nine booths on the second day. The health topics covered included blood glucose screening, blood pressure monitoring, weight management, bone health, smoking cessation, dyslipidaemia, gout, nutrition and health supplements, and product registration. Each booth was thoughtfully designed with interactive activities and games to encourage the community's participation and facilitate effective learning. Community members actively engaged in the activities, asked questions, and sought clarifications, which enhanced their understanding of health-related issues and contributed to the achievement of the programme's educational objectives.

# Invited Talk and Closing Ceremony

The programme was further complemented by an insightful talk titled "Beyond the Counter: Real World Community Pharmacy Practice", delivered by Faculty of Pharmacy alumnus Mr Muhammad Helmi Mad Hasim. During the session, he shared his experiences as a practising community pharmacist and highlighted the multifaceted roles of pharmacists beyond medication dispensing. The talk emphasised essential skills such as effective communication, problem-solving, and ethical decision-making, inspiring students to appreciate the broader responsibilities and professional expectations of pharmacists in community practice.

The programme concluded with a closing ceremony held on 15 January 2026 at DK10, attended by students and lecturers. Four groups were recognised with Best Booth Awards based on public voting, namely Group 10 (Diabetes), Group 15 (Cholesterol), Group 7 (Gout), and Group 4 (Bone Density). In addition, five groups, i.e., Group 15 (Cholesterol), Group 9 (Product Registration), Group 10 (Diabetes), Group 14 (Smoking Cessation), and Group 16 (Uric Acid), received the Special Awards from lecturers for their creativity and interactivity. Notably, Group 16's innovative gout leg model effectively enhanced public engagement and understanding.



Sincere appreciation and heartfelt thanks to all organising committee members, faculty management, and valued industry partners whose support contributed significantly to the success of the programme: GoodScience Sdn Bhd, Koperasi Kariah Masjid Saujana Utama Sungai Buloh Berhad (KOOP MSO) and Olive House Sdn Bhd.