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MED BULL'

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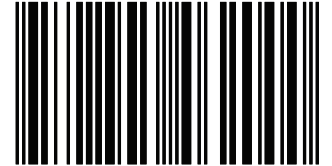
**A new
column
inside!**

Featuring
Assoc. Prof. Dr.
Norhafiza Razali



**Through the
Medical Lens**

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PARTICIPANTS listening to the lectures on anatomy of perineum and obstetrics anal sphincter injury (OASI).

EPISIOTOMY AND PERINEAL REPAIR WORKSHOP IN HOSPITAL AL-SULTAN ABDULLAH



LECTURES on OASI care.

Assoc. Prof. Dr. Bahiyah Abdullah, Dr. Nurul huda Ahmad Sani, Dr. Suriani Idris, Dr. Asmahani Asmary, Dr. Nur Faezza Mohd Mohtar, Dr. Erwina Hashim, Dr. Maziatun Nadia Khairudin, Assoc. Prof. Dr. Suzanna Daud, Dr. Priyadharshini Ravindran & Dr. Siti Nursofiani Zakaria

surgical skills workshop by the Department of Obstetrics & Gynaecology (O&G), open to external participants. The workshop employed animal tissue models to facilitate realistic, ethical, and effective simulation-based learning, enabling participants to refine their technical skills in the assessment and repair of perineal trauma.

On 13 December 2025, the Episiotomy and Perineal Repair Workshop was successfully organised at Hospital Al-Sultan Abdullah (HASA), marking a milestone in advancing obstetric surgical education. This was the first hands-on

The workshop was specially designed for doctors and midwives, with a strong focus on understanding perineal anatomy, preventing obstetric anal sphincter injuries (OASI), and accurately diagnosing and repairing perineal

tears, including third- and fourth-degree tears. Through evidence-based teaching, the workshop sought to improve patient outcomes and reduce long-term complications such as anal incontinence, which carry significant physical, psychological, and medicolegal implications.

The academic component of the workshop commenced with three structured and impactful lectures: Anatomy of the Perineum and Classification of Perineal Tears, Episiotomy Techniques and Prevention of OASIS, and Diagnosis and Management of OASI. These sessions provided participants with a strong theoretical foundation, ensuring a clear understanding of both normal and pathological conditions prior to hands-on training.

Following the lectures, participants engaged in an intensive hands-on surgical session. This included video-assisted demonstrations and practical training using fresh cow perineum specimens, episiotomy models, and Sultan's OASI simulation models. The practical sessions allowed participants to practice repair techniques in a realistic setting, reinforcing learning through direct experience. All procedures were conducted with step-by-step guidance from facilitators, whose expert supervision were instrumental in enhancing participants' confidence and technical skills.

The workshop's interactive and hands-on format, with open Q&A sessions was highlighted by participants for enabling immediate clarification and deeper understanding



HANDS on session on cow's perineum led by the Urogynaecologist.



STEP by step suturing on cow's perineum by the participants.



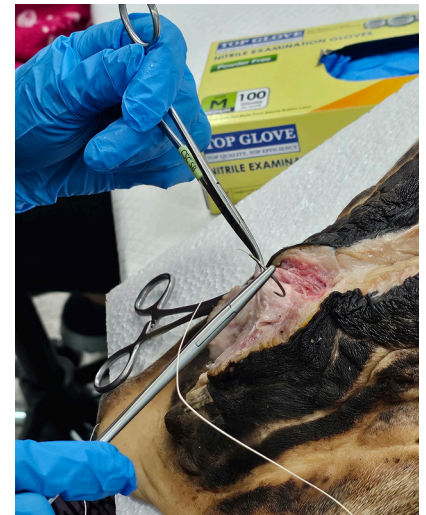
PARTICIPANTS and committee members.

of OASI repair techniques.

A total of 44 doctors and midwives from diverse backgrounds attended the workshop. Feedback was very positive, with participants noting it as very useful for improving skills and recommending it as an annual course. Given the medicolegal impact of OASI injuries in Malaysia, the workshop played an important role in building awareness, competence, and confidence among frontline healthcare providers.



STEP by step suturing of episiotomy tear by participants -midwives.



STEP by step suturing on cow's perineum led by the Urogynaecologist.



PARTICIPANTS - midwives suturing episiotomy tear on perineum model.