

No. 3 / 2025

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FACULTY OF MEDICINE UTM



eISSN 2805-4628

9 772 80 546 20 00



CPG Management of Asthma in Adults (Second Edition) development team.

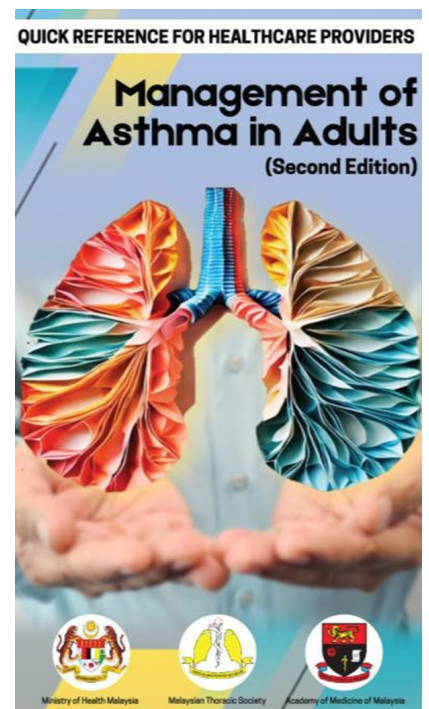
TRAINING OF CORE TRAINERS ON CPG MANAGEMENT OF ASTHMA IN ADULTS (SECOND EDITION) 2025

Dr. Mazapuspavina Md-Yasin & Dr. Aisya Natasya Musa

Asthma care in Malaysia took a major step forward on 25 May 2025 with the launch of the Second Edition of the Clinical Practice Guidelines (CPG) on Asthma Management in Adults. The launch, held at the 2nd Malaysia National Asthma & COPD Preceptorship Conference (MNACPC) in Kuala Lumpur, was officiated by YBhg. Dato' Dr. Mohd Azman Yacob, Director of

the Medical Development Division, Ministry of Health Malaysia.

Behind this milestone was a dedicated multidisciplinary team of 16 experts, chaired by Associate Professor Dr. Andrea Ban Yu-Lin, respiratory physician at Universiti Kebangsaan Malaysia. The team also included members from the Faculty of Medicine, Universiti Teknologi MARA (UiTM), Dr. Aisya Natasya Musa, Respiratory Physician, and Dr. Mazapuspavina Md.



Yasin, Family Medicine Consultant.

The launch of the guideline was only the beginning. To ensure its recommendations reach patients in every clinic and hospital, a Training of Core Trainers (ToT) was held on 5 August 2025, with Hospital Al-



Sultan Abdullah (HASA) selected as the training site. The programme provided a comprehensive introduction to the new Asthma CPG through structured modules developed by the Guideline Development Group, as well as interactive case discussions. This approach not only strengthened participants' understanding but also gave them the confidence to serve as trainers in their own states.

A total of 233 participants attended, representing every State Health Department, Jabatan Kesihatan Negeri (JKN) Perlis, Kedah, Pulau Pinang, Perak, Selangor, Wilayah Persekutuan & Labuan, HKL, Negeri Sembilan, Melaka, Johor,



CASE-BASED discussion sessions.

Pahang, Terengganu, Kelantan, Sabah, and Sarawak, as well as major public universities including UM, UKM, USM, UPM, UiTM, UIA, UPM, USIM, and UNISZA. Representatives from MaHTAS and healthcare professionals from UiTM's Faculty of Medicine and HASA also took part. Participants came from a

wide range of specialties, family medicine, emergency medicine, internal and acute internal medicine, respiratory medicine, and pharmacy—reflecting the collaborative effort needed to elevate asthma care in Malaysia.

The itinerary of the ToT include lectures covering topics of risk factors and diagnosis of



DR. AISYA and the respiratory team at HASA were the main local organising team for the ToT.

asthma, treatment goals and optimizing treatment, stable asthma & asthma exacerbation (assessment and treatment), patient education & skills training, asthma in special groups such as pregnancy, severe asthma, occupational asthma, and asthma

with comorbidities. The participants were then separated to three for group case-based discussion, and they also have to undergo pre and post – test to ensure knowledge consolidation. With the updated CPG now in place and a strong

network of trainers ready to cascade the knowledge, the stage is set for real impact. The ultimate measure of success will be seen in better asthma control, fewer emergency visits, and improved quality of life for patients nationwide.



TRAINING of Trainers of Management of Asthma in Adults 2nd Edition on 5 August 2025 in HASA Auditorium.