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FACULTY OF MEDICINE UTM





# EMPOWERING COMMUNITY HEALTH: UiTM TEAMS JOIN FORCES IN PUNCAK ALAM HEALTH CAMP

■ Dr. Syahrinnaquiah Samsuddin

**O**n Sunday, 6 July 2025, the Respiratory and Geriatric Units, Faculty of Medicine, Universiti Teknologi MARA (UiTM) participated in a Health Camp organised by the Puncak Alam Graham Garden community in collaboration with Pejabat Kesihatan Daerah (PKD) Kuala Selangor. The event, which was part of an ongoing effort to enhance community health awareness, served as a testament to the community's active involvement and its value. Key activities such as tuberculosis screening

and public education were made possible by the community's participation and support.

The programme began at 7:30 a.m. with a lively community aerodance session, setting a positive and energetic tone for the day. Two impactful health talks followed this. Dr. Syahrinnaquiah Samsuddin from the Respiratory Unit delivered a session titled Tuberculosis: Know the Signs, Break the Chain, aimed at educating the public on TB symptoms, transmission routes, and the importance of early screening and treatment. The talk also addressed common misconceptions and encouraged the public to participate in available screening services. Following this, Dr. Mohd Zaquan Arif Abd. Ghafar from the Geriatric Unit took the stage with a presentation on dementia, covering early recognition, care strategies, and support systems for individuals affected by dementia and their carers. The session resonated deeply with attendees, especially those caring for ageing family members, and highlighted the importance of community-level awareness in tackling

age-related conditions.

Throughout the day, the PKD Kuala Selangor hosted health exhibitions. Booths staffed by dietitians, pharmacists, microbiologists, and the UiTM medical team provided free consultations, health screenings, and educational materials. Visitors had the opportunity to ask questions, explore health topics of interest, and receive personalised advice to promote proactive health behaviours.

The event also catered to younger participants and families through interactive activities. A colouring contest and an exploration game titled The Germ Hunt offered an engaging way to learn about hygiene and infection prevention. Participants who



**UiTM** team members during the Health Camp at Puncak Alam.

competed enthusiastically were not only educated but also entertained. The winners were awarded prizes, adding an element of excitement to the educational initiative.

This health camp exemplified the power of collaboration between academic institutions and public health agencies in addressing community

health challenges. UiTM's involvement reflected its commitment to service beyond the clinical setting, reaching people where they live and learn. By combining expert knowledge, accessible screening, and interactive education, the programme made a meaningful impact on public awareness and community well-being.



**DR. MOHD ZAQUAN ARIF ABD. GHAFAR** presented on dementia in geriatric population.