

No. 2 / 2025

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FACULTY OF
— MEDICINE UiTM —



eISSN 2805-4628



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KARNIVAL KESIHATAN ORANG ASLI 2025: A COMMUNITY HEALTH OUTREACH BY UiTM MEDICAL STUDENTS

I Dr. Awla Mohd Azraai & Nurul Fatin Najihah Isa

THE Dean of the Faculty of Medicine, Prof. Dr. Fazah Akhtar Hanapiah, with Puan Ruhannah binti Masruki, MPS Council Member for Zone 4 and Dr. Awla Mohd Azraai, the programme advisor.

On 25th May 2025, the Dewan Serbaguna Komuniti Orang Asli Gombak came alive with the spirit of community, health, and empowerment during a meaningful outreach programme, *Karnival Kesihatan Orang Asli 2025*, organized by *Persatuan Mahasiswa Harmoni* Fakulti Perubatan UiTM (HARMONI), for the second time. The event was held in collaboration with Hospital Orang Asli Gombak (HOAG), the Community Committee of *Majlis Perbandaran Selayang* (MPS), and the Medical Student Association (MESTA).

The programme, aimed at promoting health awareness and strengthening ties with the local *Orang Asli* community, was





THE participants and organisers of the Karnival Kesihatan Orang Asli 2025 in Dewan Serbaguna Komuniti Orang Asli Gombak.

generously sponsored by MPS, IM Global Property Consultant Sdn. Bhd., and the Malaysian Relief Agency. Nearly 100 residents from the nearby *Orang Asli* village participated in the half-day event.

The event was officiated by Puan Ruhanah binti Masruki, MPS Council Member for Zone 4 and Chair of the Women's Affairs and Community Committee. Her opening remarks highlighted the importance of community engagement in public health



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and praised the collaborative efforts of the students, healthcare professionals, and sponsors. Also, in attendance was Puan Zuraidah binti Abdul Majid, Deputy Chair of Women's Affairs and MPS Council Member for Zone 21, who showed strong support for the initiative.

Representing the Faculty of Medicine, Prof. Dr. Fazah Akhtar Hanapiah, Dean of the Medical Faculty, graced the event along with Dr. Chua Yung An, representing the Deputy Dean of Student Affairs, and Dr. Awla binti Mohd Azraai, the Programme Advisor. Their presence reflected the faculty's strong endorsement of student-led initiatives that go beyond the classroom and into the heart of the community.

A total of 35 dedicated medical students from HARMONI, along with 3 students from MESTA, actively participated in facilitating various activities throughout the event. Among the highlights were an energising aerobic exercise session, practical demonstrations on cardiopulmonary resuscitation (CPR), and proper hand hygiene techniques—key skills that could save lives in emergencies and prevent the



MEDICAL students from HARMONI and MESTA promote health awareness through interactive booth sessions.

spread of disease.

The students also set up interactive health awareness booths focusing on topics such as healthy lifestyle, chronic disease prevention, and mental well-being. These booths served not only to educate but also to foster meaningful dialogues between the students and community members. Meanwhile, a team from Hospital Orang Asli Gombak provided on-site health and dental screenings, ensuring the villagers had access to essential health services.

The programme exemplified the value of collaboration between academic

institutions, healthcare providers, local authorities, and the community. It demonstrated how student-led outreach initiatives can play a crucial role in promoting public health, particularly among underserved populations such as the *Orang Asli*.

The success of the event underscores the commitment of UiTM's medical students and partners to uplifting the community through compassion, education, and service. It is hoped that such initiatives will continue to grow, fostering healthier and more connected communities across the nation.



STUDENTS from HARMONI demonstrating CPR techniques to the Orang Asli community.