

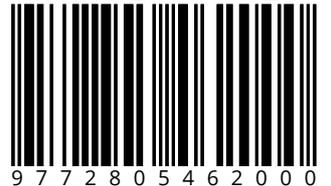
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## UiTM TRAUMA COURSE 4 - PAEDIATRIC X FOOT AND ANKLE

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**T**he UiTM Orthopaedic & Traumatology Department, Faculty of Medicine & Hospital Al-Sultan Abdullah (HASA), UiTM strives to educate undergraduate students and medical officers while offering our patients the best possible clinical care. Trauma serves as a



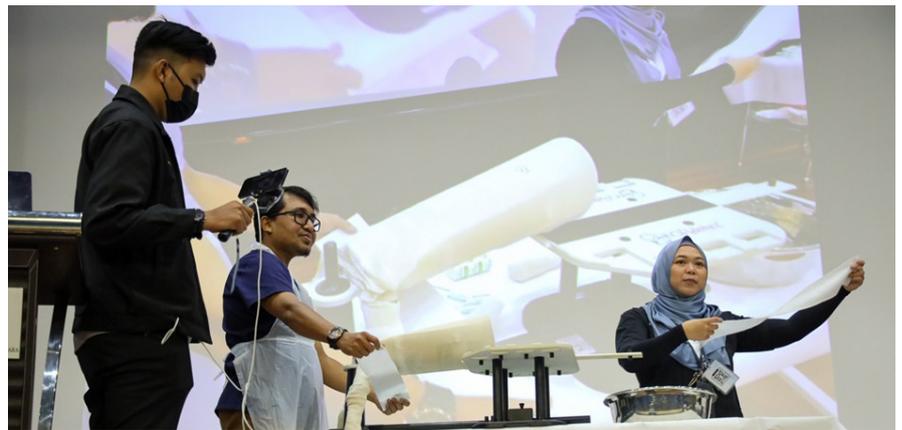
foundation of orthopaedic surgery. Having a strong, sound fundamental knowledge, as well as mastering accurate surgical techniques, will

provide a solid foundation for medical officers to manage orthopaedic cases and acquire the necessary surgical skills.

The first orthopaedic trauma course organized was in May 2016 with just 15 participants, and the number doubled for July 2018. In October 2019, the course was rebranded as the Selangor Orthopaedic Trauma Course 2019 (SELORTCO), in collaboration with the Ministry of Health's Hospital Sungai Buloh and Hospital Selayang. This was followed by

our first UiTM Trauma Course (UiTC) in 2021, held at Hospital Al-Sultan Abdullah, which was immensely successful as it was the first trauma course held since the COVID pandemic began. Since then, the UiTC has been an annual event with different topics and targets every year. Due to the success of the previous UiTM trauma courses, the fourth installment aims to focus on foot and ankle and paediatric orthopaedic trauma surgeries.

UiTM Trauma Course 4 (UiTC 4) was held on the 12th to 13th of December 2024 at the majestic HASA. The course was designed for beginner to intermediate-level junior orthopaedic medical officers and for those who have enrolled in the Master of Orthopaedic Surgery program. The committee was chaired by Dr. Yusoff Bin Yahaya, the Head of Foot and Ankle Surgery Unit, and co-chaired by Dr. Norsaidatul Nadriah Binti Ahmad Shuhiamy, the Head of Unit for Paediatric Orthopaedic Surgery. The course was officiated by the honorable Head of Department, Orthopaedic & Traumatology, Associate Professor Dr. Mohamed Faizal Sikkandar. We had 40 participants from all over Malaysia, and



distinguished speakers from Selangor and Kuala Lumpur were invited to present on related topics as well as to be facilitators during the workshop.

Topics related to paediatric orthopaedic trauma were the main emphasis of the lectures and workshops on day one. The treatment of paediatric tibia, femur, and elbow fractures as well as the medico-legal elements of paediatric orthopaedic cases were covered. Three workshops were attended by the participants: one on hip spica, another on titanium elastic nailing, and one on supracondylar humerus K-wiring fixation.

On day two, lectures

and workshops were focused on foot and ankle trauma topics. Management of fractures of the ankle, talus, Lisfranc, and calcaneal fractures was discussed, and a workshop on the subject was demonstrated. With a small number of participants per group, everyone had an equal opportunity to get hands-on teaching during the practical sessions.

Overall, the course was able to provide the essential knowledge of paediatric orthopaedic and foot and ankle trauma management. We hope to continue the tradition and make the UiTM trauma course a successful annual event.